



SHAKER HEIGHTS



Registration going on now!

REGISTRATION

REGISTER EARLY

At some point a decision is made to cancel a program due to low enrollment. Registering late may mean you missed your chance and the class has already been cancelled. Please do not wait too long to register.

Access and download registration forms from shakeronline.com

ONLINE (24 hours a day)

All shakeronline.com registrations with credit card only. VISA, Discover, and MasterCard.

MAIL

Mail completed registration form to the Thornton Park office with check or money order for total fees made payable to **City of Shaker Heights**. See address below.

FAX

Fax completed registration form anytime to 216-991-4219 or 216-491-1365. A representative will contact you for confirmation and payment.

PHONE

216-491-1295 or 216-491-1360. Call in your registration during office hours listed below. Have your VISA, MasterCard, or Discover information available.

IN PERSON

Register in person during office hours at our two office locations. Locations and hours listed below. Registration forms available at both offices and online at shakeronline.com.

DROP BOX

Drop completed registration form with payment in our drop-in slot located on the door to the Thornton Park office from 5 am - 10 pm daily. Please do not drop off cash payment. Check and money order only.

OFFICE LOCATIONS

THORNTON PARK

3301 Warrensville Center Rd
44122

216-491-1295

M 8:30 am – 5 pm

T-F 8:30 am – 6 pm

S 10 am – 3 pm

STEPHANIE TUBBS JONES COMMUNITY BUILDING

3450 Lee Rd 44120

216-491-1360

M-F 8:30 am – 5 pm

Activities Cancellation

Hotline: 216-491-3143

Fields Hotline:

216-491-2577

GENERAL INFORMATION

Registration is on a first-come, first-served basis. All fees are due at the time of registration. All first time resident registrants must register in person and provide proof of residency. All classes will have a minimum enrollment. Classes which have not met minimum enrollment 72 hours prior to the first class meeting will be cancelled. Participants will be notified by phone and/or email in the event of a class cancellation due to low enrollment.

INCLEMENT WEATHER CANCELLATION POLICY

SHAKER HEIGHTS CITY SCHOOLS CLOSURE: All Recreation Department activities held in school facilities will be cancelled. Thornton Park and the Stephanie Tubbs Jones Community Building will remain open and activities will proceed as scheduled.

SHAKER HEIGHTS CITY SCHOOLS DELAYED OPENING:

Recreation Department activities within school facilities will operate on a normal schedule including Before Care programs. Thornton Park and the Stephanie Tubbs Jones Community Building will open on time.

CITY OF SHAKER HEIGHTS BUILDING CLOSURES:

Thornton Park and the Stephanie Tubbs Jones Community Building will be closed and activities cancelled.

CITY OF SHAKER HEIGHTS DELAYED BUILDING OPENINGS:

Thornton Park and the Stephanie Tubbs Jones Community Building will open on a delayed schedule.

For information on closures and delays, refer to shaker.org, shakeronline.com, the City's Facebook page (<http://www.facebook.com/ShakerHeights>), local radio, and TV stations.

VOLUNTEER OPPORTUNITIES

Volunteer coaches are needed for youth sports programs such as basketball, baseball, T-ball, and softball. Please call James Garrett at 216-491-2599 if you are interested in assisting.

CREDIT/ REFUND POLICY

Refunds are available for class or program registration cancellations by registrants up to 72 hours prior to the first class meeting. A refund claim form must be completed. Forms can be obtained at the Main Office in Thornton Park, the Stephanie Tubbs Jones Community Building, or online at shakeronline.com. In the case of trips, money is refunded only if the space can be filled and if the cancellation request is received at least 48 hours in advance. A full refund will be issued in the event of a class cancellation due to insufficient enrollment.

\$10 processing fee will be deducted with the following exceptions:

\$5 - **50+ program**

\$25 - **Camp**

\$25 - **School Age Care**

A Recreation Department computer credit will be issued for all refunds at no charge. If a refund is preferred, please contact Quiana Player at 216-491-2579. Please allow 3 – 4 weeks for refunds to be processed. Returned check service fee is \$15.

DISABILITY POLICY

The City of Shaker Heights is committed to providing access to recreational programming for all residents. If you or a member of your family has a special need, call 216-491-1295 to be connected to the appropriate Program Coordinator.

NON ENDORSEMENT POLICY

The City does not necessarily endorse the opinions or business affiliations of the individuals who teach its classes and programs.

LYNN RUFFNER RECREATION FOR YOUTH SCHOLARSHIP FUND

Did you know the City of Shaker Heights offers annual Youth Scholarships through the Recreation Department? Scholarships are awarded based on financial need and can be applied to our summer programs or camps. Applications for scholarships are available at Thornton Park after February 1, 2017. See page 21 for information on our upcoming 5K fundraiser. To make a donation, please call Cydney Johnson at 216-491-2580.



LETTER FROM THE DIRECTOR

How quickly the summer passes. It seems like yesterday we were preparing the pool for the summer, and now we are beginning fall programs. This fall, we are most excited about the new online registration system that has been months, if not years, in the works. We hope you will take the time to review the new system and register your family. Exciting components of the new system include the elimination of the \$2.00 fee for online transactions and the capacity to register for child care and camp! You no longer have to come into the office to complete the registration packets. We hope that you will enjoy this new service.

Please take the time to review the book and see the programs that are available. We strive to provide high quality programs and hope that you will take the time to register yourself or a family member for one of them.

Be Active. Stay Healthy. Have Fun.

Sincerely,

Alex Nichols
Director of Recreation

 Like us on Facebook
facebook.com/shakerrec

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The Recreation brochure is published three times per year by the City of Shaker Heights: February, August, and December. It is distributed free to residents of the Shaker Heights City School District; however, extra copies are available at Thornton Park, the Stephanie Tubbs Jones Community Building, City Hall, Shaker Heights Main Library, and Bertram Woods branch. Program information in this brochure is accurate at press time. However, please call ahead to confirm.

YOUR PARKS AND PLAYGROUNDS

Recreational opportunities abound in Shaker Heights – in both natural and manmade venues. From the magnificent Horseshoe Lake Park with its trails, tree house, and picnic pavilions to Thornton Park’s Ice Arena and Swimming Pool, there is something for everyone.



1. ASHBY PARK

Location: Sutton Place and Ashby Road
Open Play Area

2. BOULEVARD FIELD

Location: Drexmore & Southington Roads
Restroom (seasonal)
Baseball / Softball / Soccer

3. CHELTON PARK

Location: Chelton & Hampstead Roads
ADA
Bike Rack
Drinking Fountains
Restroom (seasonal)
Baseball / Softball
Playground 2-5 year olds
Playground 5-12 year olds
Basketball
Football

4. CHESTERTON ATHLETIC FIELDS

Location: North Park Drive & Shelburne Road
Baseball / Softball
Lacrosse / Soccer

5. COURTLAND OVAL ATHLETIC FIELDS

Location: Courtland & Fairmount Blvds
Restroom (seasonal)
Baseball / Softball
Soccer

6. GRIDLEY TRIANGLE

Location: Lomond Blvd & Gridley Road
ADA
Playground Toddler
Playground 2-5 year olds
Playground 5-12 year olds

7. HILDANA PARK

Location: Chagrin Boulevard and Hildana Road
Open Play Area

8. HORSESHOE LAKE PARK

Location: Park Drive off of South Park Drive
Horseshoe Lake Park contains two picnic pavilions with grills. Required reservations of the large pavilion can be made online at shakeronline.org.

ADA
Drinking Fountains
Grills
Picnic Pavilion
Restroom
Walking or Nature Trail
Playground Toddler
Playground 2-5 year olds
Playground 5-12 year olds

9. LOMOND ATHLETIC FIELDS

Location: Lomond Blvd & Palmerston Road
Restroom (seasonal)
Baseball / Softball
Soccer

All school fields require use permits that are available through the Recreation Department. Restrictions apply.

10. LUDLOW PARK

Location: Southington & Keswick Roads

Restroom (seasonal)

Baseball / Softball

Playground 2-5 year olds

Playground 5-12 year olds

11. MEDIAN FIELD & TRAIL

Location: Shaker Blvd, directly across from SH Middle School

Restroom (seasonal)

Baseball / Softball

Lacrosse / Soccer

Multi Purpose Trail

12. MENLO TOT LOT

Location: Menlo Road near Scottsdale Blvd

ADA

Playground 2-5 year olds

13. MERCER FIELDS

Location: Green Road & South Woodland Road

Restroom (seasonal)

Baseball / Softball

Lacrosse / Soccer

14. SHAKER HEIGHTS HIGH SCHOOL FIELDS

Location: Shaker Heights High School, 15911 Aldersyde Drive

Restroom (seasonal)

Baseball / Softball

Lacrosse

Football / Field Hockey

15. SHAKER HEIGHTS MIDDLE SCHOOL LOWER FIELDS

Location: Shaker Blvd & Belvoir Oval

Soccer / Lacrosse / Track / Football

16. SHAKER HEIGHTS MIDDLE SCHOOL UPPER FIELDS

Location: Shaker Blvd & Belvoir Oval

Restroom (seasonal)

Baseball / Softball

Lacrosse / Soccer

Football / Field Hockey

17. SOUTHERLY PARK

Location: South Park Drive & South Woodland Road

Fitness Stations

Multi Purpose Trail

18. SUSSEX PARK

Location: Shaker Family Connections – Lomond Blvd & Norwood Road

ADA

Bike Rack

Restroom (seasonal)

Tennis Courts

Pickleball Courts

Playground 2-5 year olds

Playground 5-12 year olds

Baseball / Softball

19. THORNTON PARK

Location: 3301 Warrensville Center Road, one block north of Farnsleigh Road

ADA

Bike Rack

Drinking Fountains

Picnic Tables

Restroom

Sand Volleyball

Skate Park

Sledding

Swimming

Walking or Nature Trail

Basketball

Ice Skating

Pickleball Courts

Tennis Courts

Playground Toddler

Playground 2-5 year olds

Playground 5-12 year olds

Basketball Court & Skate Park – Photo ID required at all times. Helmets required for skate park. Open weather permitting. Proof of residency is required. Only one non-resident may accompany a pass holder. Residents always have priority.

Indoor Ice Arena – Open year round, offering recreational skating, skating instruction, youth through adult hockey, and figure skating opportunities.

Outdoor Swimming Pool – Open Memorial Day weekend through Labor Day. This beautiful recreation swimming pool boasts lap lanes, a diving well, water slides, and a current channel. Family friendly, the pool includes a tot pool and splash pad.

20. TOWN CENTER PARK AND AROUND THE WORLD PLAYGROUND

Location: Adjacent to the main library. Playground open Apr 1 – Oct 21 only

ADA

Bike Rack

Drinking Fountains

Restroom (seasonal)

Walking or Nature Trail

Baseball / Softball

Football

Lacrosse / Soccer

Playground Toddler

Playground 2-5 year olds

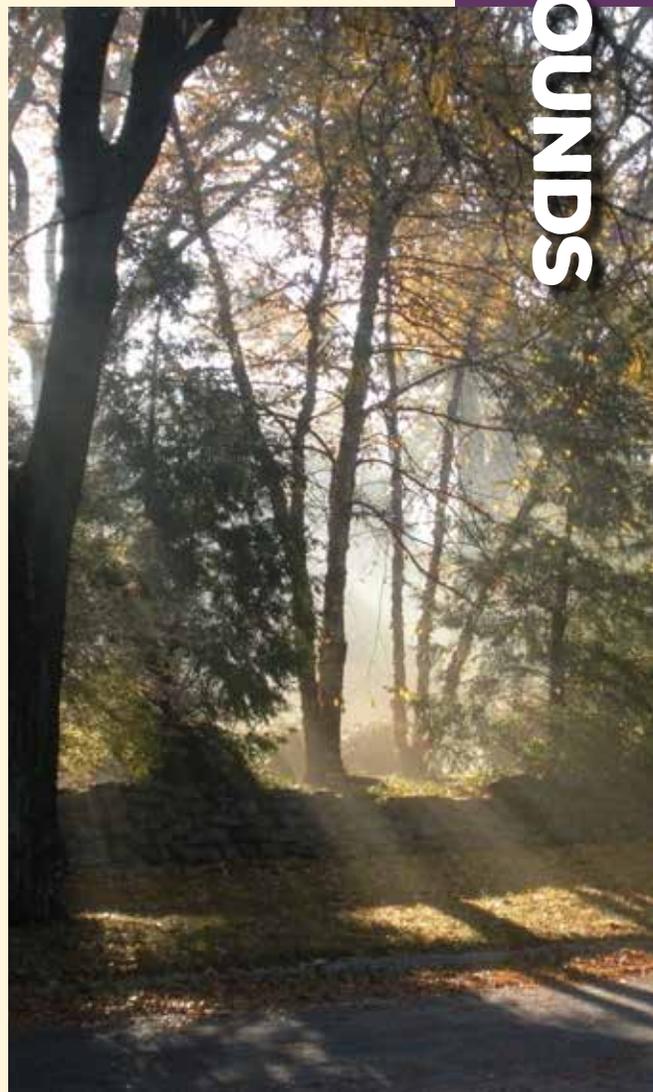
Playground 5-12 year olds

21. WINSLOW PARK

Location: Winslow & Ingleside Roads

ADA

Playground 5-12 year olds





RENTALS & FACILITIES

BIRTHDAY PARTIES

Enjoy a birthday party at Thornton Park Ice Arena. There are select dates for ice skating parties during times when the ice rink is not reserved for previously scheduled activities. A minimum of 2 weeks advance notice is required. For availability and reservations, call 216-491-1290 or 216-491-1360.

COMMUNITY ROOM RENTAL

The Thornton Park Community Room may be reserved by individuals or groups when not in use by recreation programs. For further information and availability, call 216-491-1290 or 216-491-1360.

FEES: \$60 / 2 hours SH RES | \$80 / 2 hours NRES

LOCATION: Thornton Park

RINK RENTAL

The ice rink may be reserved by private groups during times that the rink is not already scheduled. Rental rates begin at \$205/hour and include skate rental. For ice time availability, please call Thornton Park at 216-491-1295.

OUR MISSION

To enhance the quality of life for
Shaker Heights residents by
delivering excellent recreation,
leisure, and enrichment experiences
while promoting Shaker Heights as
an active, fun, and healthy community.

*The Shaker Heights
Recreation Department*



SENIORS – ENRICHMENT

AARP SHAKER CHAPTER

Enjoy monthly meetings with other area adults ages 50+. Reservations are not required. Retirees are especially welcome. Call 216-491-1360 for meeting dates.

LOCATION: STJ Community Building, Room 102
DATE & TIME: 3rd Friday of every month | 1:30 pm
FEES: No Charge

BROWN BAG BINGO

The Recreation Department will host a rousing round of bingo complete with prizes. Participants will need to bring a packed lunch; however, coffee and dessert will be provided. For more information, please call 216-491-1360.

LOCATION: STJ Community Building, Room 114
DATE & TIME: Wednesday, Sep 7, Oct 5, Nov 2 | 12:30 – 1:30 pm
FEES: No Charge

CARDS – OPEN BRIDGE

Enjoy a relaxing afternoon playing a timeless game. Sessions are ongoing and meet weekly. Reservations are not required. *No program Nov 24.*

LOCATION: STJ Community Building, Room 114
DATE & TIME: T/TH, ongoing | 1 – 4 pm
FEES: \$1 donation

COFFEE, COOKIES & CONVERSATION

All are welcome to attend this bi-monthly session featuring informative speakers and occasional entertainment. Coffee, tea, and a sweet treat are served. For more information, call Andrea Jewett at 216-491-1351.

LOCATION: STJ Community Building, Room 114
DATE & TIME: 2nd & 4th Wednesday of each month
 12:30 – 1:30 pm
FEES: No Charge

HALLOWEEN BALL AND LUNCHEON

For Adults 50+. A frightfully good time will be had by all who attend this ball. Share a good time with friends and experience why Halloween is not just for kids anymore. Those who come in costume will have an opportunity to win a prize. This includes lunch. Please call 216-491-1360 for more information.

LOCATION: STJ Community Building, Room 114
DATE & TIME: Wednesday, Oct 26 | 1 – 2:30 pm
FEES: \$9 paid reservations due by Oct 21

SENIOR ADULT HEALTH FAIR

Representatives from local hospitals, health care agencies, and various businesses will be on site to offer tips on health and wellness. Seasonal flu shots will be available through the Shaker Heights Health Department (fee may apply to those not covered by Medicare B). Win great prizes and sample complimentary selections from local restaurants and caterers.

LOCATION: Stephanie Tubbs Jones Community Building
DATE & TIME: Friday, October 14 | 11 am – 2 pm
FEE: Free

HOLIDAY LUNCH

Annual lunch for adults 50+. Join friends and other members of the community in exchanging holiday greetings at this much anticipated event. Space is limited. Reservations must be received by Friday, Dec 9 by calling 216-491-1360.

LOCATION: STJ Community Building, Room 114
DATE & TIME: Wednesday, Dec 14 | 1 – 2:30 pm
FEES: \$9

MONDAY MOVIES

Pack a lunch and enjoy a classic or a newer release with friends. Coffee and dessert will be provided. Popcorn will be for sale. For more information contact Andrea Jewett at 216-491-1351. *No movies the entire month of Dec.*

LOCATION: STJ Community Building, Room 114
DATE & TIME: Every Monday | Arrive by 12:30 pm
FEES: No Charge

TRANSPORTATION SERVICES FOR ADULTS 60+

Senior Transportation Connection (STC) multi-passenger vehicles drive individuals throughout the east side Cleveland suburbs for medical appointments and a variety of other services. You must be at least 60 years old to qualify for this service and complete a registration form. A suggested donation of \$2 is requested for a one-way ride and \$4 for a round trip ride for destinations to medical/therapy/dialysis. A donation of \$1 is suggested for group shopping trips on Thursdays and Fridays and all trips to the Stephanie Tubbs Jones Community Building. All destinations other than those listed will be considered personal rides and a mandatory \$5 per trip or \$10 per round trip fee will be assessed. This program is funded in part through a grant from Western Reserve Area Agency on Aging. For more information please call 216-491-1351 or visit the STC website at ridestc.org.



SENIORS – HEALTH & FITNESS

TRIPS

SENIORS – HEALTH & FITNESS

Arthritis Foundation EXERCISE PROGRAM

This program concentrates on range of motion, strength development, endurance, and relaxation. Participants will receive practical tips for a healthier lifestyle and learn activities to promote self-care. Hand weights, elastic bands, and a participant manual included. Instruction provided by Judson Wellness Center staff. *No class Sep 5, Oct 14, Nov 25.*

LOCATION: STJ Community Building, Rm #114
DATE & TIME: M/W/F, ongoing | 11:15 am – 12 pm
FEES: \$3 per class, drop-in fee

FUN WITH FITNESS

This class features low impact exercise that requires no floor work. Wear comfortable tennis shoes. *No class Sep 5, Nov 23, 25.*

LOCATION: STJ Community Building, Room 114
INSTRUCTOR: Sandy Spinks
DATE & TIME: M/W/F, Aug 31 – Oct 12 | 9:20 – 10:20 am
 M/W/F, Oct 17 – Nov 30 | 9:20 – 10:20 am
Mini session: Dec 5 – Dec 16 (half price of normal fees)
FEES: \$40 SH RES / \$60 NRES, 2x/week, individual
Each session: \$50 SH RES / \$70 NRES, 3x/week, individual
 \$60 SH RES / \$80 NRES, 2x/week, couple
 \$75 SH RES / \$95 NRES, 3x/week, couple

PODIATRY CARE

Learn about basic foot care services provided by a podiatrist. This program is offered on a first come, first served basis. Residents and non-residents welcome.

LOCATION: STJ Community Building, Rm #115
DATE & TIME: 2nd Thursday of every month | 9 am
INSTRUCTOR: Laurence Spivak, DPM
FEES: \$20 Payable to Doctor



TRIPS

BUS TOUR – DISCOVER THE UNEXPECTED

This unique trip will take you for a tour of Ohio City and Tremont on a motor coach. Stops will include the Christmas House, Carnegie Library special presentation about Dorothy Fuldheim, Antique Alley, St. Theodosius Church, Banyon Tree for lunch with dessert at Lolita Restaurant. This tour includes lunch.

LOCATION: Bus meets at Mayfield Village Civic Center
 6622 Wilson Mills Road, Mayfield Village
DATE & TIME: Saturday, Oct 15 | 7:30 am – 6 pm
FEES: \$98

BUS TOUR – MAGIC OF THE HOLIDAYS

Visit Stan Hywet Hall on this exciting tour that includes Gingerbread Land, and Dazzle, a choreographed lightshow set to music featuring over 800,000 lights on display. There will be live entertainment and lunch at Papa Joe Iacomini's Restaurant.

LOCATION: Bus meets at Mayfield Village Civic Center
 6622 Wilson Mills Road, Mayfield Village
DATE & TIME: Thursday, Dec 1 | 11:15 am – 9:15 pm
FEES: \$98

SKIING – HOLIMONT SKI RESORT TRIPS

Adults and children grades 6-12. We are teaming up with surrounding communities for a trip to the beautiful Holimont Ski Resort in western New York for skiing and riding. Join us for these great holiday trips and enjoy a day of fun. Cost includes experienced adult supervision, lift tickets, and a comfortable motor coach with a movie each way. Prices TBD.

LOCATION: Bus meets at Mayfield Village Civic Center
 6622 Wilson Mills Road, Mayfield Village
DATE & TIME: Monday, Jan 16, MLK Jr. Day and
 Monday, Feb 20, President's Day
 Meet bus at 6 am, approx. return is 7:30 pm
FEES: TBD



ADULTS – ENRICHMENT

ADULTS – HEALTH & FITNESS

ADULTS – ENRICHMENT

ART

WATERCOLOR PAINTING

Learn composition, color theory, brushwork, and technique taught with landscape, still life, and portraits. A supply list will be provided at the first class. Some experience is needed. *No class Oct 14, Nov 25.*

LOCATION: Thornton Park Community Room

INSTRUCTOR: Beverle Krueger

DATE & TIME: Friday, Sep 16 – Nov 4 | 10:30 am – 1 pm
Friday, Nov 18 – Jan 13 | 10:30 am – 1 pm

FEES: \$70 SH RES / \$90 NRES

DANCE

BALLROOM DANCING

Dance the waltz, fox trot, salsa and tango just like the stars. Learn to execute dance steps with confidence in any social setting in the basic class. The advanced level is for students with prior dance instruction where participants learn to polish their skills and techniques. The intermediate level emphasizes leading and following, interpretation of music, and more stylized approach to the dance floor. Participants are not required to have a partner. Instructors reserve the right to place couples in appropriate classes. *No class Oct 12, Nov 23, Dec 21, 28.*

LOCATION: Woodbury Cafeteria

INSTRUCTOR: Mitzi/Ed Waring Dancing Co.

DATE & TIME: Wednesday, Sep 7 – Nov 2
Wednesday, Nov 16 – Jan 25
7 – 8 pm Intermediate/Advanced
8 – 9 pm Basic

FEES: \$95 SH RES / \$115 NRES per couple
\$50 SH RES / \$60 NRES per individual

CHILD CARE

HOW TO BECOME A SUPER NANNY

This class will provide an in-depth description of the responsibilities of a nanny, how to find a job, and how to interview with families, as well as information on wages and benefits. Handouts will also be provided.

LOCATION: Thornton Park Community Room

INSTRUCTOR: Toby Trevis

DATE & TIME: Saturday, September 17 | 10:30 am – 12 pm
Saturday, November 5 | 10:30 am – 12 pm

FEES: \$20 SH RES/ \$30 NRES

THINKING ABOUT HIRING A SUPER NANNY?

This class will provide an in-depth description of the responsibilities of a nanny, how to find and hire a nanny, and will discuss the pros and cons of hiring a nanny versus a childcare facility. Handouts will also be provided.

LOCATION: Thornton Park Community Room

INSTRUCTOR: Toby Trevis

DATE & TIME: Saturday, October 8 | 10:30 am – 12 pm
Saturday, December 3 | 10:30 am – 12 pm

FEES: \$20 SH RES/ \$30 NRES

ADULTS – HEALTH & FITNESS

AEROBIC DANCING WITH JACKI'S INC.

Build muscle strength and cardiovascular endurance in this one-hour workout to upbeat music for all ages and fitness levels. Bring a mat and hand weights to class. *No class Sep 5, Oct 10, Nov 23, 25.*

LOCATION: STJ Community Building, Rm #114

INSTRUCTOR: Jill Welsh

DATE & TIME: M/W/F, Sep 7 – Dec 16 | 8:10 – 9:10 am

FEES: \$270 SH RES / \$290 NRES, 3 days/week
\$210 SH RES / \$230 NRES, 2 days/week

AMERICAN RED CROSS LIFEGUARDING

Ages 15+. This American Red Cross Lifeguarding certification course will provide entry-level lifeguard participants with the knowledge and skills to prevent, recognize, and respond to aquatic emergencies. Participants must be able to swim 300 yards continuously, tread water for 2 minutes using only the legs, and complete a timed event that includes a surface dive and swimming 40 yards. Participants must have access to email and a computer. **Students must register for the class and pass pre-skills clinic to qualify for the course.**

LOCATION: Woodbury Pool

DATE & TIME: Saturday, Sep 17 – Oct 22 | 10 am – 4 pm
Pre-skills Clinic: Saturday, Sep 10 | 12 – 3 pm

FEES: \$165 SH RES / \$185 NRES

KIMODOO

Kimoodo is a gentle exercise based on traditional martial arts movements and the use of internal energy to promote health and wellness. Breathing and meditation, strengthening and stretching, and increased energy combine to provide increased mental and physical balance in daily life. See display ad, page 18.

LOCATION: Shaker Middle School East Gym

INSTRUCTOR: James Cahn, 8th Degree Black Belt

DATE & TIME: Wednesday
Beginners | 7 – 8 pm
Advanced | 8 – 9 pm

FEES: \$42 per month

TAIJI QUAN AND QI GONG

Ages 18+. Traditional Chinese arts for exercise, meditation, and self-defense. Students will learn beginning form of Taiji and classical meditation exercises of Qi Gong. Practical, simple approaches to self-defense will be explored. Beginners and experienced students welcome. Participants should wear comfortable clothing and athletic shoes. *No class Oct 10, 31.*

LOCATION: Plymouth Church
Fellowship Hall, 2860 Coventry Rd

INSTRUCTOR: Way of Harmony Martial Arts

DATE & TIME: Monday, Sep 12 – Nov 28 | 7 – 8:15 pm

FEES: \$100 SH RES / \$120 NRES



ADULTS – HEALTH AND FITNESS

ADULTS – SPORTS

THE NEW YOU

This athletic training course will motivate people with varying skills to be their individual best physically. Using the latest techniques in fitness, the class will stimulate positive movement and activity through various methods including strength training, core work, and yoga fusion. If you are interested in trying a new approach to fitness training or have reached a training plateau, this class is for you. *No class Nov 23, 25.*

LOCATION: Thornton Park Community Room

INSTRUCTOR: Jamey Mixson

DATE & TIME: M/W/F, Sep 19 – Oct 14 | 9:15 – 10 am
M/W/F, Oct 17 – Nov 11 | 9:15 – 10 am
M/W/F, Nov 14 – Dec 14 | 9:15 – 10 am

FEES: \$92 SH RES/ \$112 NRES, 3 days/week
\$62 SH RES/ \$82 NRES, 2 days/week

VERB BALLETS

Verb Ballets offers evening community dance classes open to anyone who shares the love of dance. Ballet classes are available for a variety of ability levels from beginner to advanced. No preregistration necessary. Please arrive 10 minutes early to complete paperwork. For more information, www.verbballets.org/classes or 216-397-3757.

LOCATION: 3445 Warrensville Center Rd

FEES: \$15 per class or \$120 for 10 classes
\$10 SH RES per class

WATER AEROBICS

Ages 18+. Warm ups, leg exercises, stretching, and water aerobics are incorporated to tone and exercise the body. *No class Oct 12, Nov 23.*

LOCATION: Woodbury Pool

INSTRUCTOR: Aquatics Staff

DATE & TIME: Wednesday, Sep 7 – Oct 19 | 7:30 – 8:15 pm
Wednesday, Oct 26 – Dec 7 | 7:30 – 8:15 pm

FEES: \$65 SH RES / \$85 NRES

ZUMBA® AFTER WORK

Join us at this after work workout program. Dance and sweat away workday stress and get fit. Zumba® classes feature exotic rhythms set to high energy Latin and international beats. Before you know it, you'll be getting fit and your energy levels will be soaring. It's easy to do, effective, and totally exhilarating. Zumba® and the Zumba Fitness logos are trademarks of Zumba Fitness, LLC, used under license. Mat required. *No class Aug 30, Nov 24, Dec 8, 27, 29.*

LOCATION: Thornton Park Community Room

INSTRUCTOR: Gigi Roney

DATE & TIME: T/TH, ongoing | 6 – 7 pm

FEES: six-class punch card \$48 SH RES / \$68 NRES

ZUMBA® STEP

Take lower body workouts and calorie burning to new heights with the newest Zumba® routines and step moves. Participants will get the maximum results in this easy-to-follow fitness party program. *No class Nov 16, 23 and Dec 28.*

LOCATION: Thornton Park Community Room

INSTRUCTOR: Gigi Roney

DATE & TIME: Wednesday, ongoing | 7 – 8 pm

FEES: six class punch card \$48 SH RES/ \$68 NRES

ADULTS – SPORTS

AQUATICS

LEARN-TO-SWIM GROUP LESSONS FOR ADULTS

Ages 18+. This class will help adults of any swimming ability learn to feel more comfortable in the water. Following the American Red Cross learn-to-swim model, this class is sure to help adults learn to swim. Join other adults who are less comfortable and learn together. *No class Oct 3.*

LOCATION: Woodbury Pool

INSTRUCTOR: Shaker Recreation Staff

DATE & TIME: Monday, Sep 12 – Oct 24 | 7:30 – 8:30 pm
Monday, Oct 31 – Dec 5 | 7:30 – 8:30 pm

FEES: \$65 SH RES / \$85 NRES

OPEN FAMILY SWIMMING AND LAP SWIMMING

Children ages 14 and younger must be accompanied by an adult. For residents only. Lap swimming is limited during open swim hours. An unlimited use pool pass for all open and lap swimming is available for purchase at Thornton Park for \$35 per person. A family pass is not available. *Pool closed Nov 24, 26.*

LOCATION: Woodbury Pool

DATE & TIME: T/TH, Sep 6 – Dec 15

7:30 – 8:30 pm *open swim* | 8:30 – 9:30 pm *lap swim*
Saturday, Sep 10 – Dec 17
12:30 – 2 pm *open swim* | 2 – 4 pm *lap swim*

FEES: \$3 / person drop-in; \$5 / family 3 or more
Exact change only please





ADULTS – SPORTS

PRESCHOOL - ENRICHMENT / SPORTS

FENCING

ALCAZAR FENCING CLUB

See Youth Section, page 12

GOLF

ADULT INSTRUCTION

This program features group instruction with a semi-private fee and is tailored to address individual needs. Equipment is provided. An additional weekly fee for a bucket of balls is required. The bucket of balls price is subject to change.

LOCATION: Driving Range, Harvard and Green Roads

INSTRUCTOR: Joe Evans

DATE & TIME: Saturday, Aug 20 – Sep 24 | 10 – 11 am

FEES: \$65 SH RES / \$85 NRES

\$6 Med Bucket / \$10 Lg Bucket

HOCKEY

ADULT LUNCH TIME DROP-IN HOCKEY

See Hockey Section, page 20

ICE SKATING

LEARN-TO-SKATE INSTRUCTION FOR ADULTS, ADULT SKATE, FREESTYLE SESSIONS, AND PUBLIC SKATING INFORMATION

See Ice Skating Section, page 17

MARTIAL ARTS

TAE KWON DO

See Ad, page 18

SKIING

HOLIMONT SKI RESORT TRIPS

See Trips Section, page 6

TENNIS

ADULT LESSONS

This program teaches basic tennis strokes, drills, and open play. Tennis balls are provided. Please bring a racquet. Class will be held in Woodbury upper gym during inclement weather.

LOCATION: SHHS Tennis Courts

INSTRUCTOR: Dan Caplin

DATE & TIME: Saturday, Sep 10 – Oct 15

12 – 1 pm, Beginner/Intermediate

FEES: \$70 SH RES / \$90 NRES

PRESCHOOL – ENRICHMENT

DANCE

PRESCHOOL CREATIVE DANCE

Ages 3-5. Children will have fun exploring dance movements in this creative and engaging class. We will use music props to encourage physical development and foster confidence. Imaginative play and a focus on having fun while dancing make this a great class for both boys and girls. Students can wear ballet shoes or have bare feet. Leotards and tights are welcome, but not required. *No class October 3.*

LOCATION: Thornton Park Community Room

INSTRUCTOR: Beth Szpak

DATE & TIME: Monday, Sep 19 – Oct 24 | 1 – 1:45 pm

Monday, Nov 7 – Dec 5 | 1 – 1:45 pm

FEES: \$35 SH RES / \$50 NRES

PRESCHOOL – SPORTS

AQUATICS

AMERICAN RED CROSS PARENT-CHILD LESSONS

Ages 9 mos-3 yrs. Learn how to introduce a young child to the water. Parent or guardian must join the child in pool. *No class Nov 26.*

LOCATION: Woodbury Pool

INSTRUCTOR: Shaker Recreation Staff

DATE & TIME: Saturday, Sep 10 – Oct 15 | 10:30 – 11 am

Saturday, Oct 22 – Dec 3 | 10:30 – 11 am

FEES: \$60 SH RES / \$80 NRES

PRESCHOOL SWIMMING LESSONS

Ages 3-5, under 48" tall. Learn how to introduce a young child to the water. Parents are not required in the pool. Class is limited to 8 participants. *No class Nov 26.*

LOCATION: Woodbury Pool

INSTRUCTOR: Shaker Recreation Staff

DATE & TIME: Saturday, Sep 10 – Oct 15 | 11 – 11:30 am

Saturday, Oct 22 – Dec 3 | 11 – 11:30 am

3 yrs and new swimmers: Preschool 1 & 2

4-5 yrs: Preschool 3 w/ basic skills

FEES: \$60 SH RES / \$80 NRES

BASKETBALL

BITTY BASKETBALL

Coed, age 4. Help your child learn the game of basketball. This class teaches basic basketball skills and concepts for first-time players to become more comfortable with the sport. *No class Nov 26.*

LOCATION: Woodbury Main Gym

INSTRUCTOR: Denise Duncan

DATE & TIME: Saturday, Sep 10 – Oct 1 | 9 – 9:45 am

Saturday, Oct 8 – 29 | 9 – 9:45 am

Saturday, Nov 5 – Dec 3 | 9 – 9:45 am

FEES: 45 SH RES / \$65 NRES



PRESCHOOL - SPORTS

YOUTH - ENRICHMENT

ICE SKATING

BABY BLADES

Ages 18 mos – 3 yrs. Learn basic skating skills such as sitting and standing on the ice, marching, and gliding. Each class offers a 20-minute on-ice session in a fun and positive atmosphere. Each on-ice session is followed by a 10-minute story time. Rental skates not included. Helmets are mandatory. *No class Nov 25.*

- LOCATION:** Thornton Park Ice Arena
- INSTRUCTOR:** LTS Instructors
- DATE & TIME:** Friday, Sep 9 – Oct 14 | 10:30 – 10:50 am
- FEES:** \$60 SH RES / \$80 NRES
- DATE & TIME:** Friday, Oct 21 – Dec 9 | 10:30 – 10:50 am
- FEES:** \$70 SH RES / \$90 NRES

PRELIMINARY HOCKEY DEVELOPMENT (PHD)

Ages 3-5. This class is designed to teach basic skating and hockey skills to each skater. Skills include stick handling, shooting, and basic game concepts. The September session meets two times per week while the October session meets once a week. For the September session, it is recommended that skaters take BOTH the Tuesday and Thursday classes. Fees listed are for one six-week session. Rental skates not included. Baby Blades is required for participation.

No class Nov 24.

- LOCATION:** Thornton Park Ice Arena
- INSTRUCTOR:** LTS Staff
- DATE & TIME:** Tuesday, Sep 6 – Oct 11 | 4:30 – 5 pm
Thursday, Sep 8 – Oct 13 | 4:45 – 5:15 pm
Thursday, Oct 20 – Dec 8 | 4:45 – 5:15 pm
- FEES:** \$60 SH RES / \$80 NRES (6 weeks)
\$70 SH RES / \$90 NRES (7 weeks)



YOUTH – ENRICHMENT

ART

CARTOONING

Ages 6-12. Each week will be an adventure in how to draw fun imaginative cartoon creatures. From dragons and trolls, we'll explore them all, even throwing an alien here and there to keep things up-to-date. Keep your drawings because on week 6, you will bring them back and put all of our creatures together to create one very special cartoon. While having fun, your child will learn the fundamental elements of art, line, shape/form, color, value, and texture. We will work with colored pencils and markers.

- LOCATION:** Stephanie Tubbs Jones Community Building
- INSTRUCTOR:** Robin Payne
- DATE & TIME:** Sunday, Sep 11 – Oct 16 | 2 – 3 pm
- FEES:** \$60 SH RES / \$80 NRES

HORSEBACK RIDING

YOUTH LESSONS

Ages 6+. Learn the fundamentals of the walk and trot. Learn equestrian skills that can be enjoyed throughout life. Riding helmets are provided. Boots or shoes with a heel must be worn. Monday classes are an introduction to riding.

- LOCATION:** Maypine Equestrian Center
32700 White Rd, Willoughby Hills
- DATE & TIME:** Saturday, Sep 10 – Oct 29 | 3 – 4 pm
Sunday, Sep 11 – Oct 30 | 12 – 1 pm
or Monday, Sep 12 – Oct 31 | 4 – 5 pm
- FEES:** \$240 SH RES / \$260 NRES

THEATRE

YOUTH WORKSHOP

Grades 1-4. This workshop is a perfect after school activity for those who enjoy performing and live theatre. Principles of acting, singing, and movement are taught by a local performer and educator. A performance is presented during the last half hour of the final class. The class will begin promptly at 3:45 pm. Students attending school within the same building should report at 3:30 pm and may bring a snack. *No class Nov 7, 21.*

- LOCATION:** Boulevard School Gym
- INSTRUCTOR:** Brad Schreiber
- DATE & TIME:** Monday, Oct 10 – Nov 28 | 3:45 – 4:30 pm
- FEES:** \$55 SH RES / \$75 NRES



YOUTH - SPORTS

YOUTH – SPORTS

AQUATICS

ADVANCED LEVEL 5 COMPETITIVE SWIMMING/ STROKE TECHNIQUE

Ages 6-12. Get your swimmer ready to advance to the Shaker Sharks program next summer or just brush up on technique. Swimmers must be able to demonstrate the ability to do the following: front crawl, breaststroke, backstroke, and swim continuously for 25 yards (one lap). *No class Nov 26.*

LOCATION: Woodbury Pool

INSTRUCTOR: Shaker Recreation Staff

DATE & TIME: Saturday, Sep 10 – Oct 15 | 12 – 12:30 pm
Saturday, Oct 22 – Dec 3 | 12 – 12:30 pm

FEES: \$65 SH RES / \$85 NRES

OPEN FAMILY SWIMMING AT WOODBURY

See Adult Section, page 8

PRIVATE LESSONS

Payment voucher must be purchased in the front office at Thornton Park prior to scheduling private lessons. Private lessons are scheduled by Woodbury Pool Manager Lyle Reed who will contact the customers to schedule date and time of instruction(s). Instructors are not permitted to accept payment directly from the participants. Vouchers are to be presented to the instructors at the beginning of each private lesson. Residents only. *No class Nov 24.*

LOCATION: Woodbury Pool

INSTRUCTOR: Aquatics Staff

DATE & TIME: T/TH, Sep 6 – Dec 15 | 7:30 – 9:30 pm
Saturday, Sep 10 – Dec 17 | 12:30 – 3:30 pm

FEES: \$20 / ½ hour lessons (SH Residents Only)

AMERICAN RED CROSS LEARN-TO-SWIM LESSONS

Grades K-6. Participants must be 48" tall or have certification from previous water instruction. Bring a suit/towel. Beginner through advanced classes are offered. Intermediate and advanced swimmers must be able to demonstrate the ability to do the front crawl, breaststroke, backstroke, and swim continuously for 25 yards (1 lap). *No class Nov 26.*

LOCATION: Woodbury Pool

INSTRUCTOR: Shaker Recreation Staff

DATE & TIME: Saturday, Sep 10 – Oct 15
Saturday, Oct 22 – Dec 3
Level 1 & 2 Beginner (Ages 6+): 11:30 am – 12 pm
Level 3 & 4 Intermediate/
Advanced Grade 6+: 11:30 am – 12 pm

FEES: \$65 SH RES / \$85 NRES

BASKETBALL

JUNIOR RAIDER BASKETBALL LEAGUE

Boys grades, 3-11 and Girls grades, 5-6. This development league will focus on skills, sportsmanship, teamwork, and the rules of the game. With limited enrollment, team and coach requests are prohibited and teams will be selected via draft. Practices, arranged by volunteer coaches, will last one hour, one night per week. Preseason training, assessment, and practice will run Nov 5 through Dec 19 with regular season beginning Jan 7. Boys and girls teams in grades 3-6 may be combined with surrounding communities and may require some travel. Girls will participate in league play with Hathaway Brown, Laurel, Beachwood, Orange, Hawken, Agnon, and potentially other schools. The girls' schedule may include weekend practices and games including Sundays at Beachwood and Agnon. *No class Nov 26, Dec 24, 31.*

INSTRUCTOR: Chuck Worth, boys' league commissioner
Denise Duncan, girls' league commissioner

DATE & TIME: Saturday, Nov 5 – March 25 | TBD

FEES: Boys \$95 SH RES / \$105 NRES
Girls \$65 SH RES / \$85 NRES
Fee includes March Madness Tournament for Boys

BOYS' MEETING

Meeting will announce pre-season schedule. Meeting is for registered players only.

LOCATION: Woodbury Main Gym

DATE & TIME: Grades 3-4, Saturday, Nov 5 | 2 pm
Grades 5-6, Saturday, Nov 5 | 3 pm
Grades 7-8, Saturday, Nov 5 | 4 pm
Grades 9-11, Saturday, Nov 5 | 5 pm

GIRLS' MEETING

Meeting will announce pre-season schedule. Meeting is for registered players only.

LOCATION: Middle School East Gym

DATE & TIME: All grades: Saturday, Nov 5 | 3:30 pm

JUNIOR RAIDER PEE WEE INSTRUCTIONAL GIRLS

Ages 9-10. This developmental league is designed to promote fun and develop skills in a practice and skill development game setting. Sessions consist of player development practice and scrimmage. T-shirts will be provided at registration. *No class Nov 26.*

LOCATION: Woodbury Main Gym

INSTRUCTOR: Denise Duncan

DATE & TIME: Saturday, Sep 10 – Oct 22 | 2 – 3 pm
Saturday, Oct 29 – Dec 10 | 2 – 3 pm

FEES: \$75 SH RES / \$95 NRES



YOUTH - SPORTS

JUNIOR RAIDER PEE WEE INSTRUCTIONAL PROGRAM

Coed, ages 5-6. This program provides instruction on fundamental skills including dribbling, passing, and shooting with drills, games, and scrimmage sessions. *No class Nov 26.*

LOCATION: Woodbury Main Gym
INSTRUCTOR: Denise Duncan
DATE & TIME: Saturday, Sep 10 – Oct 22 | 10 – 11 am
 Saturday, Sep 10 – Oct 22 | 11 am – 12 pm
 Saturday, Oct 29 – Dec 17 | 10 – 11 am
 Saturday, Oct 29 – Dec 17 | 11 am – 12 pm
FEES: \$75 SH RES / \$95 NRES

JUNIOR RAIDER PEE WEE INSTRUCTIONAL LEAGUE

Coed, ages 7-8. This developmental league is designed to promote fun and develop skills in a practice and game setting. Sessions consist of a 30-minute practice and a 30-minute game. T-shirts will be provided at registration. Volunteer coaches and parents are needed. *No class Nov 26.*

LOCATION: Woodbury Main Gym
INSTRUCTOR: Denise Duncan
DATE & TIME: Saturday, Sep 10 – Oct 22 | 12 – 1 pm
 Saturday, Sep 10 – Oct 22 | 1 – 2 pm
 Saturday, Oct 29 – Dec 17 | 12 – 1 pm
 Saturday, Oct 29 – Dec 17 | 1 – 2 pm
FEES: \$75 SH RES / \$95 NRES

BASKETBALL TRAVEL TEAM TRYOUTS

Boys' teams, grades 4-6. Girls' teams, grades 5-6*. Players selected to be on a team will be required to pay the requisite fee \$90.

INSTRUCTOR: Travel Team Staff
FEES: SH residents only

Boys Grade 6

LOCATION: Woodbury Main Gym
DATE & TIME: M/W, Sep 12 & 14 (*more dates if needed*) | 6:30 – 8:30 pm

Girls Grades 5-6

LOCATION: Woodbury Main Gym
DATE & TIME: T/TH, Sep 13 & 15 (*more dates if needed*) | 6:30 – 8:30 pm

Boys Grade 4

LOCATION: Middle School West Gym
DATE & TIME: T/TH, Sep 13 & 15 (*more dates if needed*) | 6:30 – 8:30 pm

Boys Grade 5

LOCATION: Middle School East Gym
DATE & TIME: T/TH, Sep 13 & 15 (*more dates if needed*) | 6:30 – 8:30 pm

**4th grade girls may try out based on ability. Teams may be combined if enrollment is limited.*

FENCING

ALCAZAR FENCING CLUB

Ages 6-adult. Described as physical chess, fencing is a fun, disciplined, mentally and physically demanding sport. Competitions are held at all skill levels. Equipment provided. Payment in full by cash or check due at the first class. Fencing Master: William Reith, Alcazarfencing@aol.com, 216-469-8004, or P.O. Box 18027 Cleveland Hts, OH 44118.

LOCATION: Shaker Heights High School Fencing Room
INSTRUCTOR: William Reith
DATES: Ongoing, may start at any time
FEES: \$150 for 10 classes

FOOTBALL

JUNIOR RAIDER YOUTH FLAG FOOTBALL

Grades 1-4. This program encourages teamwork, respect for others, and fair play. Mouth guards are required.

LOCATION: Middle School Upper Field
INSTRUCTOR: James Garrett/Ryan Hines
DATE & TIME: Saturday, Sep 10 – Oct 22
 Grades 1-2 | 9 – 10 am
 Grades 3-4 | 10 – 11:15 am
FEES: \$45 SH RES / \$65 NRES

GOLF

YOUTH INSTRUCTION

Ages 10-17. This is group instruction with a semi-private feel, and tailored for individual needs as well. There is an additional weekly charge for a bucket of balls that is subject to change. Equipment is provided.

LOCATION: Driving Range, Harvard/Green
INSTRUCTOR: Joe Evans
DATE & TIME: Saturday, Aug 20 – Sep 24 | 9 – 10 am
FEES: \$65 SH RES / \$85 NRES
 \$6 Med Bucket / \$10 Lg Bucket

PARENT/CHILD CLINIC

Ages 8 and up. This is a fun way for the parent and child to spend some quality time together. Introduction to the golf swing, chipping, putting, plus rules and etiquette are covered. Actual on-course play and contests are in simulators. *No class Nov 24, 25.*

LOCATION: Golf Dome, 8198 E Washington St, Chagrin Falls
INSTRUCTOR: TJ Tabor & Staff
DATE & TIME: Thursday, Sep 15 – Oct 20 | 6 – 7 pm
 Friday, Sep 16 – Oct 21 | 6 – 7 pm
 Thursday, Oct 27 – Dec 8 | 6 – 7 pm
 Friday, Oct 28 – Dec 9 | 6 – 7 pm
FEES: \$185 SH RES / \$205 NRES



YOUTH - SPORTS

TIGER CUBS

Ages 4-7. This is a great way to start your future "Tigers." Learn the basic fundamentals with emphasis on hand-eye coordination and having fun. Classes are 30 minutes in length. Equipment is provided. *No class Nov 27.*

LOCATION: Golf Dome, 8198 E Washington St, Chagrin Falls

INSTRUCTOR: TJ Tabor & Staff

DATE & TIME: Friday, Sep 16 – Oct 21 | 5 – 5:30 pm
Friday, Oct 28 – Dec 9 | 5 – 5:30 pm

FEES: \$60 SH RES / \$80 NRES

HOCKEY

PRE SEASON CONDITIONING CLINIC, MIGHTY MITES, MITE ADM, SQUIRT-BANTAM

See Hockey Section, page 19

ICE SKATING

FREESTYLE SESSIONS, PUBLIC SKATING INFORMATION, LEARN-TO-SKATE GROUP LESSONS

See Ice Skating Section, page 17

MARTIAL ARTS

TAE KWON DO

See Ad, page 18

SKIING

HOLIMONT SKI RESORT TRIPS

See Trips Section, page 6

SOCCER INTRO SKILLS

Grades K-2. This is basic soccer instruction including ball handling, drills, and skill games. Classes may be combined with limited enrollment. *No class Nov 26.*

LOCATION: SH Middle School Lower Field (West Gym in inclement weather)

DATE & TIME: Saturday, Sep 10 – Oct 15
Saturday, Oct 22 – Dec 3
Kindergarten: 9 – 9:45 am
Grades 1-2: 10 – 10:45 am

FEES: \$70 SH RES / \$90 NRES

MINI KICKERS

Ages 4-5. All players must complete a registration form. Volunteer coaches are needed.

LOCATION: Woodbury School East Front Lawn

INSTRUCTOR: SYSA Staff

DATE & TIME: Tuesday, Sep 6 – Oct 11 | 4 – 5 pm
or Thursday, Sep 8 – Oct 13 | 4 – 5 pm
or Friday, Sep 9 – Oct 14 | 4 – 5 pm

FEES: \$60 SH RES / \$80 NRES

TRAINING AND SCRIMMAGES

Grades K-1. Drills are used to capture the attention of many first-time developing players.

LOCATION: Shaker Middle School Lower Soccer Field

INSTRUCTOR: SYSA Staff

DATE & TIME: Saturday, Sep 10 – Oct 15 | 12 – 1:15 pm

FEES: \$70 SH RES / \$90 NRES



Register
SHAKERONLINE.COM

or call 216-491-1295



YOUTH - SPORTS

SCHOOL AGE CARE

SOFTBALL

U10 SKILLS WITH COACH PHIL TURNER

Ages 8-10. Coach Turner helps U10 players develop basic fundamental skills of hitting, fielding, and throwing. In the event of rain, class will meet in Mercer gym.

LOCATION: Mercer Field
INSTRUCTOR: Phil Turner
DATE & TIME: Tuesday, Sep 13 – Oct 4 | 3:45 – 4:30 pm
FEES: \$25 SH RES / \$35 NRES

TENNIS STARTER TENNIS

Grades 1-3. This class is for those who have not played before or are just getting started. Learn all the basics of the game including strokes, rules, scoring, footwork, and tennis etiquette. Classes will include ball feeding drills, live ball hitting with other classmates, and personal stroke instruction. Participants provide their own racquets. Enrollment is limited. Tuesdays are make-up days.

INSTRUCTOR: Dan Caplin
LOCATION: Shaker Heights High School Tennis Courts
DATE & TIME: Saturday, Sept 10 – Oct 15 | 9 – 10 am
FEES: \$55 SH RES / \$75 NRES

TENNIS FOR TWO WITH PARENT

Ages 4-7. Learning together can be fun. Join your child on the court as fundamental instruction is provided for both adult and child. Class will be held in Woodbury upper gym during inclement weather.

LOCATION: SHHS Tennis Courts
INSTRUCTOR: Dan Caplin
DATE & TIME: Saturday, Sep 10 – Oct 15 | 10 – 11 am
FEES: \$50 SH RES / \$70 NRES

YOUTH LESSONS

Grades 3-6. This program will provide instruction in strokes, serves, and scorekeeping. Learn fundamentals in group sessions. Participants provide their own racquets. Class will be held in Woodbury upper gym during inclement weather.

LOCATION: SHHS Tennis Courts
INSTRUCTOR: Dan Caplin
DATE & TIME: Saturday, Sep 10 – Oct 15 | 11 am – Noon
FEES: \$50 SH RES / \$70 NRES

SCHOOL AGE CARE BEFORE AND AFTER CARE

Grades K-6*. Shaker Recreation offers a fun, stimulating, learning environment that provides enrichment for your child before and after school. Children learn and have fun through a wide variety of activities such as art, music, science, games, reading, sports, crafts, outdoor play, and much more. Onaway and Mercer offer school age care for children with special needs. Registration is required; no drop-ins please. Payments are not accepted at child care sites. Full-time participants can make online credit card payments after initial in-person registration. Before and After Care payments must be made by the first of every month or a \$25 late fee will be assessed. 10% discount for second and subsequent full-time children within a single family. Parent handbook and enrollment forms are available at shakeronline.com.

LOCATION: Boulevard, Fernway, Lomond, Mercer, Onaway, and Woodbury Schools
INSTRUCTOR: SAC Staff Instructors
DATE & TIME: M-F, Aug 22 – Jun 2
BEFORE CARE: 7 – 9:15 am
Before Care begins Aug 22
FEES: \$152 per month /
 eight-day punch card available for purchase | \$76
AFTER CARE: 3 – 6:30 pm
After Care begins Aug 22
FEES: \$176 per month/
 eight-day punch card available for purchase | \$118

* Preschool care provided at Onaway and Mercer

Mercer and Onaway are now offering BEFORE AND AFTER CARE to children enrolled in their pre-K program.





SCHOOL AGE CARE

@ FUNDAZE @

Grades K-8. **When school is out, fun is in.** Daily activities include sports, games, crafts and field trips. Payments are not accepted at child care or Fundaze sites. All payments are to be made at Thornton Park. You may also pay by calling 216-491-1295, FAX 216-991-4219, or online using credit cards. Dates include: Oct 3, 12, Nov 7, 8, 21, and 22. There are no drop-ins and registration is required at least one business day prior. Dropoff/pick-up at Woodbury. Please do not allow children to bring electronic toys or games.

LOCATION: Woodbury School
INSTRUCTOR: SAC Staff Instructors
DATE & TIME: *Dates and locations vary*
7 am – 6:30 pm

MONDAY, OCT 3

Rocky River Nature Center

FEES: \$30 SH RES / \$40 NRES

WEDNESDAY, OCT 12

Holden Arboretum

FEES: \$35 SH RES / \$45 NRES

MONDAY, NOV 7

Cleveland Aquarium

FEES: \$35 SH RES / \$45 NRES

TUESDAY, NOV 8

Nathan Hale Farm and Village

FEES: \$35 SH RES / \$45 NRES

MONDAY, NOV 21

Professional Football Hall of Fame

FEES: \$35 SH RES / \$45 NRES

TUESDAY, NOV 22

Great Lakes Science Center

FEES: \$40 SH RES / \$50 NRES





ICE SKATING

ICE SKATING GENERAL INFORMATION

Arena closed Thursday, Nov 24, Sunday, Dec 25, and Sunday, Jan 1, 2017

FIGURE SKATING FREESTYLE SESSIONS

Morning Freestyle Sessions

Thornton Park offers morning city-sponsored freestyle sessions Monday through Friday. Skaters practice jumps, spins, choreography and often take private lessons in these sessions. Skaters pay ice fee to rink and lesson fees directly to coaches. Punch cards available for purchase at front office. Please see shakeronline.com or call 216-491-1295 for a list of coaches.

DATE & TIME: Aug 22 – Dec 31
M-F | 8 – 9:15 am

FEES: Passes (*valid mornings only through Mar 1, 2017*)
\$215 SH RES / \$325 NRES
Walk-on: \$5 SH RES / \$7 NRES

PUBLIC SKATING

DATE & TIME: Aug 22 – Dec 11
M/T/TH | 9:30 – 11:15 am
M-F | 1:15 – 3 pm
Tuesday | 6 – 7 pm
Saturday | 2:30 – 4:30 pm
Sunday | 2 – 4 pm

Times subject to change. Detailed Arena Schedules are available at the arena or online at shakeronline.com.

ADULT SKATE

DATE & TIME: M/T/TH | 11:30 am – 1 pm

PUBLIC SKATING / ADULT SKATING ADMISSIONS

(Under 2 admitted free)

DAILY RATES:	Preschoolers (2-4)	\$1.50 SH RES / \$3 NRES
	Students (5-18)	\$3 SH RES / \$6 NRES
	Adults (19-49)	\$4 SH RES / \$6 NRES
	Adults 50+	\$3 SH RES / \$6 NRES
	Skate Rental	\$3 SH RES and NRES
	Group Rate	\$4 SH RES / \$6 NRES
	min 10 skaters, includes skate rentals	

SKATE RENTAL PASS: \$25 / includes 10 pre-paid rentals

ICE ARENA PASSES

Full season passes

On sale beginning August 3. Pass holders receive unlimited admission to public skating sessions, Friday Night Skate, and Adult skating sessions. Proof of residency is required. Passes valid from August 22, 2016 to August 20, 2017.

FAMILY	\$140 SH RES / \$205 NRES
INDIVIDUAL	\$75 SH RES / \$115 NRES
ADULTS 50+	\$50 SH RES / \$80 NRES
COUPLES 50+	\$75 SH RES / \$110 NRES





ICE SKATING

FALL LEARN-TO-SKATE SESSIONS

Tuesday, Sep 6 – Saturday, Oct 15 / 6 weeks
 Tuesday, Oct 18 – Saturday, Dec 10 / 7 weeks
 No lessons Nov 22, 24, 25, and 26.

Session 1

FEES: \$60 SH RES / \$80 NRES (6 weeks)

Session 2

FEES: \$70 SH RES / \$90 NRES (7 weeks)
 \$3 Skate Rental per class

ADULT ICE SKATING

LEARN-TO-SKATE INSTRUCTION

Beginning Learn-to-Skate (LTS) classes are held at Thornton Park ice arena for adults with little or no ice experience. Skating skills are taught using United States Figure Skating (USFS) guidelines. Bring your own skates or skate rental is available. Sessions offer six or seven 30-minute classes. Fees listed are for one session. *No class Nov 24, and 26.*

LOCATION: Thornton Park Ice Arena

INSTRUCTOR: LTS Instructors

Session 1

DATE & TIME: Thursday, Sep 8 – Oct 13 | 6:15 – 6:45 pm
 Saturday, Sep 10 – Oct 15 | 1:45 – 2:15 pm

Session 2

DATE & TIME: Thursday, Oct 20 – Dec 8 | 6:15 – 6:45 pm
 Saturday, Oct 22 – Dec 10 | 1:45 – 2:15 pm

PRESCHOOL ICE SKATING

BABY BLADES, PRELIMINARY HOCKEY DEVELOPMENT

See Preschool Section, page 10

YOUTH ICE SKATING

LEARN-TO-SKATE INSTRUCTION

Classes are 30 minutes in length and meet weekly for six weeks. Starting dates/times for both the Sep and Oct sessions are listed below. There is a \$10 late fee if registering the day before the first class or once classes have begun. Beginning Learn-to-Skate classes are held at Thornton Park ice arena for children with little or no ice experience. Skating skills are taught using United States Figure Skating (USFS) guidelines and are offered for levels Snowplow Sam through Freestyle. Bring your own skates or skate rental is available. Bike or hockey helmets are mandatory for all Snowplow Sam 1 skaters. Bike helmets are recommended for Basic 1 skaters. Mittens or gloves are recommended for Snowplow/Basic 1 students. Skaters should wear one pair of socks or tights. Rental skates are not included in the fee.

SNOWPLOW SAM 1, SNOWPLOW SAM 2, SNOWPLOW SAM 3, SNOWPLOW SAM 4:

Ages 3-5 yrs. *No class Nov 22, 24, 25, 26.*

LOCATION: Thornton Park Ice Arena

INSTRUCTOR: LTS Instructors

Session 1

DATE & TIME: Tuesday, Sep 6 – Oct 11 5 – 5:30 pm
 Thursday, Sep 8 – Oct 13 1:15 – 1:45 pm
 5:15 – 5:45 pm
 6:15 – 6:45 pm
 Friday, Sep 9 – Oct 14 10 – 10:30 am
 Saturday, Sep 10 – Oct 15 1:15 – 1:45 pm

Session 2

DATE & TIME: Tuesday, Oct 18 – Dec 6 5 – 5:30 pm
 Thursday, Oct 20 – Dec 8 1:15 – 1:45 pm
 5:15 – 5:45 pm
 6:15 – 6:45 pm
 Friday, Oct 21 – Dec 9 10 – 10:30 am
 Saturday, Oct 22 – Dec 10 1:15 – 1:45 pm

BASIC 1, BASIC 2, AND BASIC 3

Ages 6 yrs and up. *No class Nov 22, 24, 25, 26.*

LOCATION: Thornton Park Ice Arena

INSTRUCTOR: LTS Instructors

Session 1

DATE & TIME: Tuesday, Sep 6 – Oct 11 5 – 5:30 pm
 Thursday, Sep 8 – Oct 13 5:45 – 6:15 pm
 6:15 – 6:45 pm
 Saturday, Sep 10 – Oct 15 1:45 – 2:15 pm

Session 2

DATE & TIME: Tuesday, Oct 18 – Dec 6 5 – 5:30 pm
 Thursday, Oct 20 – Dec 8 5:45 – 6:15 pm
 6:15 – 6:45 pm
 Saturday, Oct 22 – Dec 10 1:45 – 2:15 pm

Register online at:
SHAKERONLINE.COM

 facebook.com/shakerrec



ICE SKATING

BASIC 4 AND BASIC 5

Ages 6 yrs and up. *No class Nov 22, 24, 25, 26.*

LOCATION: Thornton Park Ice Arena

INSTRUCTOR: LTS Instructors

Session 1

DATE & TIME: Tuesday, Sep 6 – Oct 11 | 5:30 – 6 pm
Thursday, Sep 8 – Oct 13 | 5:45 – 6:15 pm
Saturday, Sep 10 – Oct 15 | 1:45 – 2:15 pm

Session 2

DATE & TIME: Tuesday, Oct 18 – Dec 6 | 5:30 – 6 pm
Thursday, Oct 20 – Dec 8 | 5:45 – 6:15 pm
Saturday, Oct 22 – Dec 10 | 1:45 – 2:15 pm

BASIC 6, PRE-FREESTYLE, AND FREESTYLE (ALL LEVELS)

Ages 6 yrs and up. For Freestyle, must have passed Basic 7.
No class Nov 22, 24, 25, 26.

LOCATION: Thornton Park Ice Arena

INSTRUCTOR: LTS Instructors

Session 1

DATE & TIME: Tuesday, Sep 6 – Oct 11 | 5 – 5:30 pm
Thursday, Sep 8 – Oct 13 | 5:15 – 5:45 pm
Saturday, Sep 10 – Oct 15 | 1:15 – 1:45 pm

Session 2

DATE & TIME: Tuesday, Oct 18 – Dec 6 | 5 – 5:30 pm
Thursday, Oct 20 – Dec 8 | 5:15 – 5:45 pm
Saturday, Oct 22 – Dec 10 | 1:15 – 1:45 pm

ADVANCED LTS

Ages 6 yrs and up. Skater must have passed Basic 4. If your skater has a desire to pursue competitive skating or just wants to pursue a higher level of skating, it is time to work towards joining the Shaker Figure Skating Club (SFSC). It is recommended that skaters enter the SFSC through our Advanced LTS program. Once skaters have passed Basic 4 in our Learn-to-Skate program, they can move to Advanced LTS. This class provides an opportunity for advanced instruction beyond Learn-to-Skate on full ice. Rental skates are not included in the fee. *No class Nov 22.*

LOCATION: Thornton Park Ice Arena

INSTRUCTOR: LTS Instructors

Session 1

DATE & TIME: Tuesday, Sep 6 – Oct 11 | 5:30 – 6 pm

Session 2

DATE & TIME: Tuesday, Oct 18 – Dec 6 | 5:30 – 6 pm

CHUCK ROSSBACH LTS COMPETITION

All Learn-to-Skate participants are eligible. Skaters will be evaluated in small groups and medals will be awarded.

LOCATION: Thornton Park Ice Arena

DATE & TIME: Saturday, Dec 10 | 2:30 pm start time

FEES: \$5 if enrolled in Fall LTS
\$20 if not enrolled in Fall LTS

SHAKER TAEKWONDO

DISCIPLINE/CONFIDENCE/SELF CONTROL

Mon. & Wed. from 7:00-8:15 PM
Sat. from 11:00-12:15 PM
Classes from \$70 per month - Ages 8+

- New Offering -

KIMOODO HEALING & WELLNESS ART

STRESS RELEASE/STRENGTH/FLEXIBILITY/BALANCE
Beginners Mon. & Wed. from 7:00-8:00 PM
Advanced Mon. & Wed. from 8:00-9:00 PM
Classes \$60 per month - Ages 16+

Grandmaster James Cahn, 8th degree black belt
Serving the Shaker Community for over 26 years

For more information and a special introductory rate contact:
216-409-4296 / Choongmoo@hcsatys.com
Special pricing for Shaker City and Shaker School District Employees





ICE SKATING

HOCKEY

HOLIDAY MINI LEARN-TO-SKATE CAMP

Ages 5+. Skaters will receive a daily 30-minute group skating lesson and a 30-minute extra practice time. Fee includes skate rental. Helmets are required for children ages 3-5 and recommended for children ages 6 and up.

LOCATION: Thornton Park Ice Arena
DATE & TIME: T/W/TH, Dec 20 – 29 | 12:45 – 1:45 pm
FEES: \$60 SH RES / \$80 NRES

**ICE SKATING
 WINTER SESSION I**

Begins Jan 3, 2017. Look for detailed information in our Winter brochure.



HOCKEY – YOUTH

SHAKER YOUTH HOCKEY ASSOCIATION

SYHA is the parent organization that works with the City to provide a quality youth hockey experience for participants. For further information, see www.shakerhockey.com.

PRE-SEASON CONDITIONING CLINIC

This one-week program is designed for two types of players: those who have built an outstanding foundation over the summer and those who need to get in shape before tryouts. Focus is on integration of basic skating skills, agility, and conditioning. Jerseys are not provided.

LOCATION: Thornton Park Ice Arena
INSTRUCTOR: SYHA Hockey Coordinator
DATE & TIME: M-TH, Aug 8 – 12
Mites & Squirts: 4:30 – 5:30 pm
Pee Wees and Bantams: 5:45 – 6:45 pm
FEES: \$15 SH RES / \$20 NRES

MIGHTY MITES

Ages 4-6. Learn basic hockey and skating skills such as forward skating, backward skating, stopping, and turning. Required equipment includes hockey helmet with cage, gloves, hockey skates, elbow pads, shoulder pads, hockey pants, and shin pads. Snowplow Sam 3/PHD in Hockey Skates is required for participation.

LOCATION: Thornton Park Ice Arena
INSTRUCTOR: TBD
DATE & TIME: Saturday, Sep 3 – Feb 25, 2017 | 10 – 10:45 am
FEES: \$190 SH RES / \$280 NRES

MITE ADM

Ages 6-8. For those 6 and older who have previously attended Mighty Mites. Practices are both Saturday and Sunday for an hour each day. Things get exciting when games against other communities begin in November. We will be playing cross ice games against other teams as well. This fun but challenging program will provide young players with a solid foundation of the essential skills required to advance their level of play. Special attention will be placed on all aspects of forward and backward skating (stride, edge control, cross-overs, stopping, turns, and puck control).

LOCATION: Thornton Park Ice Arena
INSTRUCTOR: TBD
DATE & TIME: S/SU, Aug 27 – Feb 26, 2017 | times vary
FEES: \$500 SH RES / \$625 NRES



HOCKEY

SQUIRT-BANTAM

Ages 9-14. Registration for the season is underway and ends Aug 22. Practices and games are held from Aug 20 through Feb 26 and days/times vary. Teams from Shaker Youth Hockey Association compete in the Cleveland Suburban Hockey League. All new players and parents should contact the Recreation Department at 216-491-1295 for more information.

ADULT LUNCH TIME DROP-IN HOCKEY

Ages 18+. Join us twice weekly through mid-May 2017 for lunch time games. Friendly competition and exercise make this an excellent way to stay on the ice. Punch passes available for a reduced fee.

LOCATION: Thornton Park Ice Arena
DATE & TIME: W/F, begins Aug 24 | 11:30 am – 1 pm
FEES: \$8 SH RES / \$10 NRES per session
 \$32 SH RES / \$40 NRES per punch card (6 sessions)

Register online at:
SHAKERONLINE.COM

 facebook.com/shakerrec



SHAKER YOUTH SOCCER ASSOCIATION

Join Us on the Field Today!

For over 20 years, SYSA, a community based, not for profit organization has been operating programs to enhance technical skills and foster teamwork through participation in organized soccer.

Fall, Winter and Spring Soccer For Boys and Girls ages 4 -18

*Challenge (Rec), Travel and Premier Soccer Leagues, Clinics & Camps
 Mini-Kickers and K-1 Training and Scrimmages*

Contact: **Brian Miller** | BrianMiller@Shakeryouthsoccer.org

Premier, Travel and Recreation Soccer Leagues

Contact: **Lora Mesiano** | loramesiano@Shakeryouthsoccer.org

www.shakeryouthsoccer.org





SPECIAL EVENTS

DOGGIE DIP

Thornton Park goes to the dogs for the annual Doggie Dip. Have a doggone good time with your dog swimming, wading, and running. Well-behaved dogs are welcome to have fun in the unheated/unchlorinated water.

DATE & TIME: Saturday, Sep 10 | 10 am – 1 pm

FEES: \$4/dog SH RES / \$6/dog NRES

GHOSTS AND GOBLINS 5K

This family themed event will include a 5K run along with a 1 mile fun run. Participate in one or both. Prizes will be awarded for overall and age group winners in the 5K. All participants will receive a complimentary gift. This event will raise money for the Lynn Ruffner Recreation for Youth Scholarship Fund which provides recreation opportunities for children. Costumes encouraged! We hope to see you there!

DATE & TIME: Saturday, Oct 8 | 9 am

LOCATION: Thornton Park

FEES: \$10 / 1-Miler and \$25 / 5K \$20 if registered by Oct 2

FRIDAY NIGHT DJ SKATES

Ice skate to a live DJ. Times and dates are subject to change. Public skating admission fees apply.

DATE & TIME: Friday Nights | 7:45 – 9 pm

- Oct 28
- Nov 4, 11, 18
- Dec 9
- Jan 6, 13
- Feb 10, 24
- Mar 3, 10, 17, 24

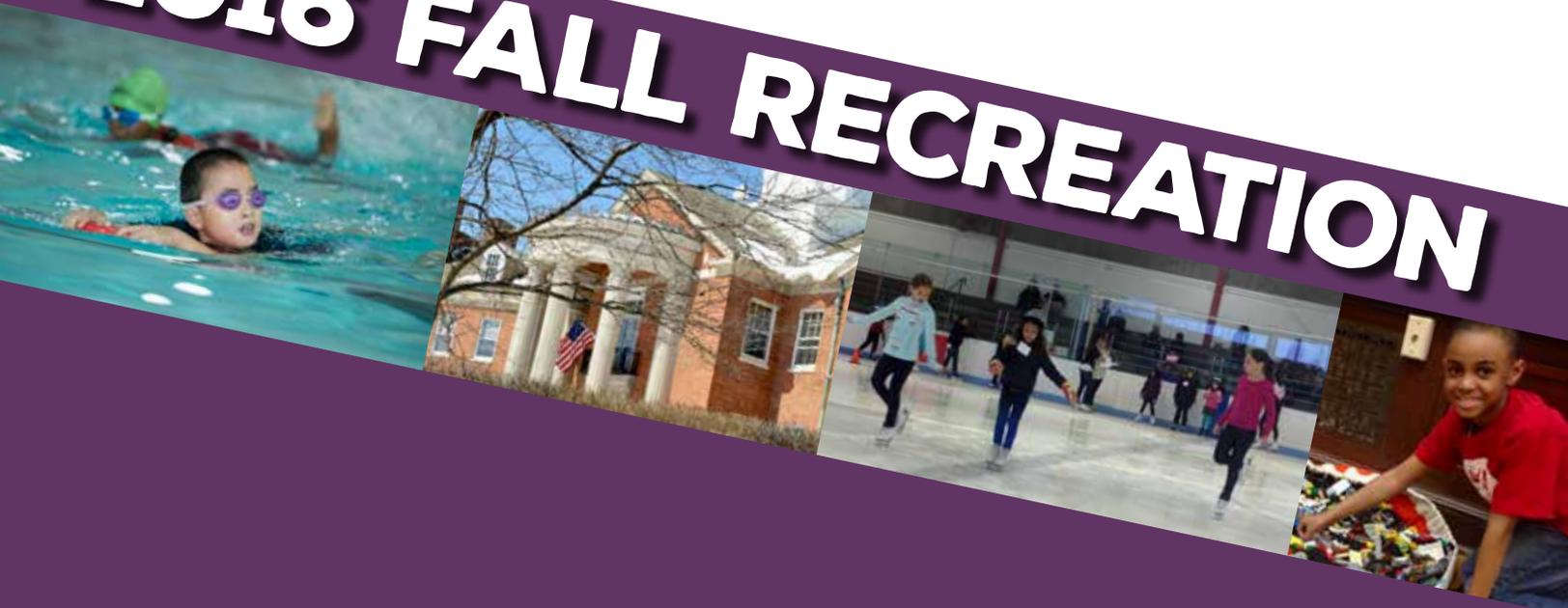


City of Shaker Heights
Recreation Department
3301 Warrensville Center Rd.
Shaker Heights, OH 44122

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2016 FALL RECREATION



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