



SHAKER
HEIGHTS

2017 WINTER RECREATION

Registration going on now!



REGISTRATION

REGISTER EARLY

At some point a decision is made to cancel a program due to low enrollment. Registering late may mean you missed your chance and the class has already been cancelled. Please do not wait too long to register.

Access and download registration forms from shakeronline.com

5 EASY WAYS...

ONLINE (24 hours a day)

All shakeronline.com registrations accept credit cards only. VISA, MasterCard, and Discover.

FAX

Fax completed registration form anytime to 216-991-4219 or 216-491-1365. A representative will contact you for confirmation and payment.

PHONE

216-491-1295 or 216-491-1360. Call in your registration during office hours listed below. Have your VISA, MasterCard, or Discover information available.

IN PERSON

Register in person during office hours at our two office locations. Locations and hours listed below. Registration forms available at both offices and online at shakeronline.com.

DROP BOX

Drop completed registration form with payment in our drop-box slot located on the door to the Thornton Park office between 5 am and 10 pm daily. Please do not drop off cash payment. Check and money order only.

OFFICE LOCATIONS

THORNTON PARK

3301 Warrensville Center Rd 44122

216-491-1295

M 8:30 am – 5 pm

T-F 8:30 am – 6 pm

S 10 am – 3 pm

STEPHANIE TUBBS JONES COMMUNITY BUILDING

3450 Lee Rd 44120

216-491-1360

M-F 8:30 am – 5 pm

Activities Cancellation

Hotline: 216-491-3143

Fields Hotline:

216-491-2577

GENERAL INFORMATION

Registration is on a first-come, first-served basis. All fees are due at the time of registration. All classes will have a minimum enrollment. Classes which have not met minimum enrollment 72 hours prior to the first class meeting will be cancelled. Participants will be notified by phone and/or email in the event of a class cancellation due to low enrollment.

INCLEMENT WEATHER CANCELLATION POLICY

SHAKER HEIGHTS CITY SCHOOLS CLOSURE: All Recreation Department activities held in school facilities will be cancelled. Thornton Park and the Stephanie Tubbs Jones Community Building will remain open and activities will proceed as scheduled.

SHAKER HEIGHTS CITY SCHOOLS DELAYED OPENING:

Recreation Department activities within school facilities will operate on a normal schedule including Before Care programs. Thornton Park and the Stephanie Tubbs Jones Community Building will open on time.

CITY OF SHAKER HEIGHTS BUILDING CLOSURES:

Thornton Park and the Stephanie Tubbs Jones Community Building will be closed and activities cancelled.

CITY OF SHAKER HEIGHTS DELAYED BUILDING OPENINGS:

Thornton Park and the Stephanie Tubbs Jones Community Building will open on a delayed schedule.

For information on closures and delays, refer to shaker.org, shakeronline.com, the City's Facebook page (<http://www.facebook.com/ShakerHeights>), local radio, and TV stations.

VOLUNTEER OPPORTUNITIES

Volunteer coaches are needed for youth sports programs such as basketball, baseball, T-ball, and softball. Please call James Garrett at 216-491-2599 if you are interested in assisting.

CREDIT/ REFUND POLICY

Refunds are available for classes or program registration cancellations by registrants up to 72 hours prior to the first class meeting. A refund claim form must be completed. Forms can be obtained at the Main Office in Thornton Park, the Stephanie Tubbs Jones Community Building, or online at shakeronline.com. In the case of trips, money is refunded only if the space can be filled and if the cancellation request is received at least 48 hours in advance. A full refund will be issued in the event of a class cancellation due to insufficient enrollment.

\$10 processing fee will be deducted with the following exceptions:

\$5 - **50+ program**

\$25 - **Camps**

\$25 - **School Age Care**

A Recreation Department computer credit will be issued for all refunds at no charge. If a refund is preferred, please contact Quiana Rose at 216-491-2579. Please allow 3 – 4 weeks for refunds to be processed. Returned check service fee is \$15.

DISABILITY POLICY

The City of Shaker Heights is committed to providing access to recreational programming for all residents. If you or a member of your family has a special need, call 216-491-1295 to be connected to the appropriate Program Coordinator.

NON ENDORSEMENT POLICY

The City does not necessarily endorse the opinions or business affiliations of the individuals who teach its classes and programs.

LYNN RUFFNER RECREATION FOR YOUTH SCHOLARSHIP FUND

Did you know the City of Shaker Heights offers annual Youth Scholarships through the Recreation Department? Scholarships are awarded based on financial need and can be applied to our summer programs or camps. Applications for scholarships are available at Thornton Park after February 1, 2017. To make a donation, please call Cydney Johnson at 216-491-2580.



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LETTER FROM THE DIRECTOR

Where does the time go? It seems like the pool was open and there was an abundance of sound outside of Thornton Park. Now the majority of the sound can be heard inside the ice rink, most evenings and weekends. Thornton Park seems to be the place to be in Shaker in the winter whether it is sledding on the hill, made from material when excavating for the swimming pool long ago, or the ice rink, home of the Shaker Youth Hockey Association and the Shaker Figure Skating Club. Both groups are proud users of this facility, and the community is lucky to have such a wonderful asset.

In order for skaters to develop the skills to be a part of these organizations, first they must learn to skate and Thornton offers a great program for children and adults to learn to skate. This program follows the United States Figure Skating Association's Learn to Skate program with the goal of developing a lifelong love for the activity. In addition to the rink activities, we are partnering with NatureVation, a small business operating out of The Dealership, to offer a snowshoeing trip to Lake County. Please take a look at this and other program information and maybe you will find something that is of interest to you. We look forward to seeing you in programs and at the facilities this winter.

Be Active. Stay Healthy. Have Fun.

Sincerely,

Alex Nichols

Director of Recreation



Like us on Facebook
facebook.com/shakerrec

The Recreation brochure is published three times per year by the City of Shaker Heights: February, August, and December. It is distributed free to residents of the Shaker Heights City School District; however, extra copies are available at Thornton Park, the Stephanie Tubbs Jones Community Building, City Hall, Shaker Heights Main Library, and Bertram Woods branch. Program information in this brochure is accurate at press time. However, please call ahead to confirm.

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RENTALS & FACILITIES

BIRTHDAY PARTIES

Enjoy a birthday party at Thornton Park Ice Arena. Select dates for ice skating parties are available during times when the ice arena is not reserved for previously scheduled activities. A minimum of two (2) weeks' advance notice is required. For availability and reservations, contact Brandon Bowling at brandon.bowling@shakeronline.com or 216-491-1295.

COMMUNITY ROOM RENTAL

The Thornton Park Community Room may be reserved by individuals or groups when not in use by recreation programs. For further information and availability, please contact Brandon Bowling at brandon.bowling@shakeronline.com or 216-491-1295.

FEES: \$60 / 2 hours SH RES | \$80 / 2 hours NRES
LOCATION: Thornton Park

RINK RENTAL

The ice rink may be reserved by private groups during times that the rink is not already scheduled. Rental rates begin at \$205/hour and include skate rental. For ice time availability, please call Thornton Park at 216-491-1295.

HORSESHOE LAKE PARK

Book your party one year in advance! Permit is required for the reservation of the large pavilion only. Dates fill up fast! No reservations will be taken for Memorial Day (May 29), July 4, or Labor Day (Sep 4). Pavilions may be used on a first-come, first-served basis on these holidays. For more information, availability, and reservations please call: 216-491-1351 or visit shakeronline.com.

RESERVATIONS ACCEPTED: May 30 – Aug 31, M–Su
WEEKENDS ONLY: Sep 2 – Sep 24
RESTROOMS OPEN: May 1 – Sep 30
LOCATION: Park Drive off of South Park Drive

BLOCK PARTIES

To make your block party a success, submit your request at least two (2) weeks in advance by completing the online form at www.shakeronline.com or by contacting Magdalena Casal at magdalena.casal@shakeronline.com or 216-491-3204. Due to safety issues concerning police and fire routes, all block parties must be registered with the City of Shaker Heights. The City does not have tables or chairs available for loan or rent and is not able to deliver equipment to block parties or association gatherings. Contact the Fire Department to obtain a tent permit if necessary.

OUR MISSION

To enhance the quality of life for Shaker Heights residents by delivering excellent recreation, leisure, and enrichment experiences while promoting Shaker Heights as an active, fun, and healthy community.

The Shaker Heights Recreation Department



SUMMER 2017

Season pass holders receive admission to open swimming, lap swims, and discounts on Learn to Swim classes. **Saturday morning lap swims from 9 am to noon at Thornton Park are reserved for residents only; non-residents and guests are not permitted access during these hours.** A pass is required of children age 5 and older (as of May 27, 2017). Children ages 2-4 do not pay an admission fee when accompanied by a parent season pass holder. Adults ages 18 to 24 living with their parents are considered subsequent family members, for residents only. Proof of residency is required when purchasing season passes.

Passes are available for nannies. Nannies must be accompanied by children when presenting passes to gain pool admittance. Please provide proof of employment. Season pass refunds not available. Replacement pass \$10.

SKATE AND SPLASH SPECIAL

Purchase a summer skating pass when purchasing your pool pass!
Summer skating pass valid Jun 14 - Aug 22.

SH RES: \$30 Family/\$15 Individual / NRES: \$50 Family/\$25 Individual

PARTIAL SWIM PASSES

Partial swim passes available. SH RES: \$70, NRES: \$100. Pass includes a total of 15 swim admissions. Partial swim passes display the purchaser's picture. On sale Jan 3.

DAILY POOL ADMISSIONS

Shaker residents must show proof of residency. Driver's license, utility bill, etc accepted. When paying daily admissions, non-residents must be accompanied by a Shaker Heights resident or season pass holder. All individuals entering the gated pool area must pay an admission fee or spectator fee whether or not they choose to swim.

	SH RES	NRES
PRESCHOOL (ages 2-4)	\$2	\$3.50
YOUTH (ages 5-18)	\$5	\$8.50
ADULT (ages 19-49)	\$6	\$9
SENIOR (ages 50+)	\$5	\$8.50
SPECTATOR (ages 5 and up)	\$5	\$8.50

POOL PASS RATES

	EARLY BIRD RATE (Jan 3 - through Apr 8)	PRE-SEASON RATE (Apr 10 - May 27)	REGULAR RATE (May 28 - Sep 4)	NON-RESIDENT RATE (Jan 3 - Sep 4)
	SH RES ONLY	SH RES ONLY	SH RES ONLY	NRES
FIRST FAMILY MEMBER:	\$70	\$95	\$115	\$175
SUBSEQUENT FAMILY MEMBERS:	\$30	\$30	\$35	\$50
SENIOR INDIV 50+:	\$45	\$60	\$70	\$105
SENIOR COUPLES 50+:	\$60	\$80	\$95	\$145
NANNY*	\$75	\$100	\$120	\$120

* Nanny must be accompanied by children when presenting pass to gain admittance.

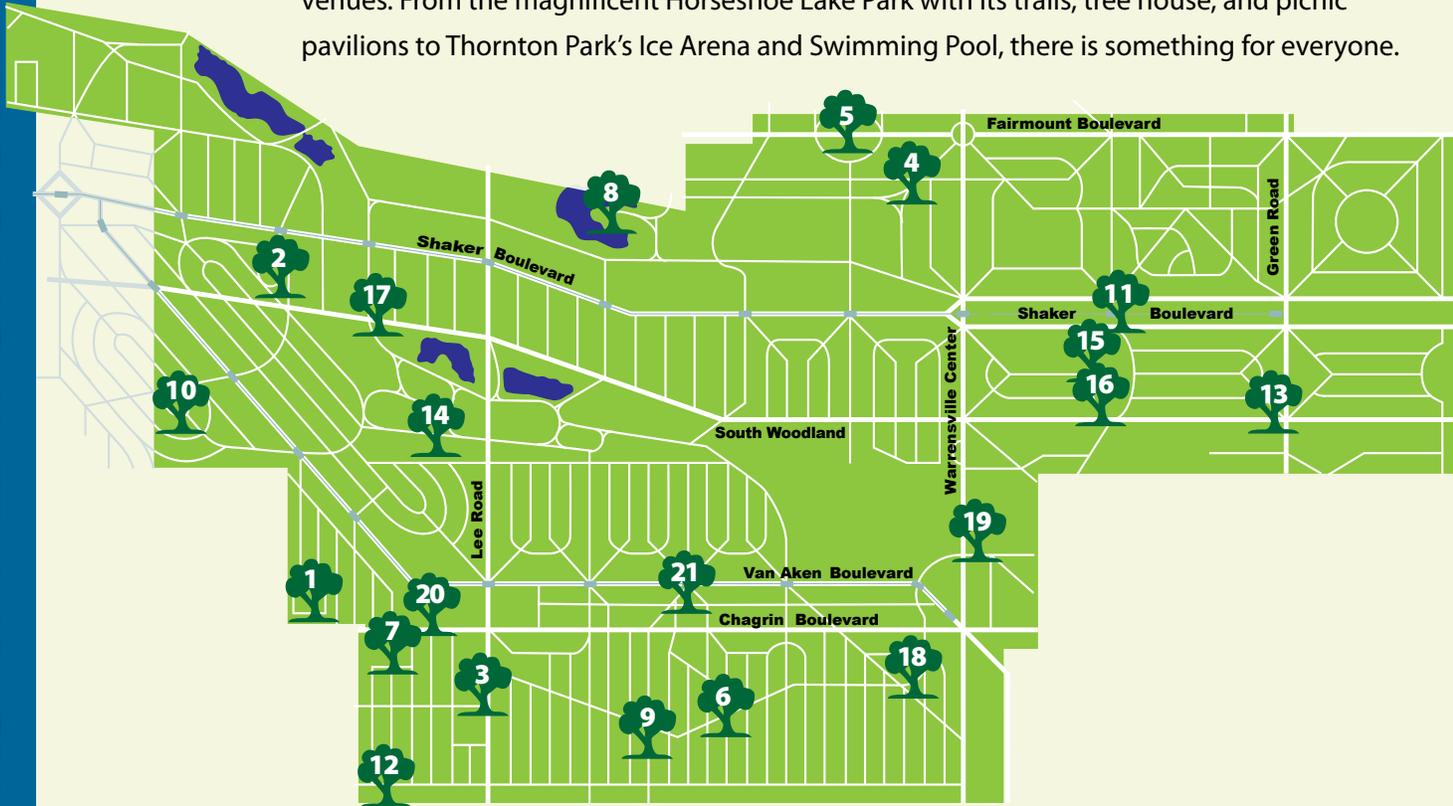
Take Advantage of **EARLY BIRD PRICING** available Jan 3 through Apr 8! (residents only)

Don't miss out on our early bird pricing for the upcoming summer pool season. Pool passes are purchased in person only at Thornton Park. Proof of residency is required. Early bird pricing ends on April 8, 2017.

* Saturdays, 9 am - noon at Thornton Park are for residents only.

YOUR PARKS AND PLAYGROUNDS

Recreational opportunities abound in Shaker Heights – in both natural and manmade venues. From the magnificent Horseshoe Lake Park with its trails, tree house, and picnic pavilions to Thornton Park’s Ice Arena and Swimming Pool, there is something for everyone.



1. ASHBY PARK

Location: Sutton Place and Ashby Road
Open Play Area

2. BOULEVARD FIELD

Location: Drexmore & Southington Roads
Restroom (seasonal)
Baseball / Softball / Soccer

3. CHELTON PARK

Location: Chelton & Hampstead Roads
ADA
Bike Rack
Drinking Fountains
Restroom (seasonal)
Baseball / Softball
Playground 2-5 year olds
Playground 5-12 year olds
Basketball
Football

4. CHESTERTON ATHLETIC FIELDS

Location: North Park Drive & Shelburne Road
Baseball / Softball
Lacrosse / Soccer

5. COURTLAND OVAL ATHLETIC FIELDS

Location: Courtland & Fairmount Blvds
Restroom (seasonal)
Baseball / Softball
Soccer

6. GRIDLEY TRIANGLE

Location: Lomond Blvd & Gridley Road
ADA
Playground Toddler
Playground 2-5 year olds
Playground 5-12 year olds

7. HILDANA PARK

Location: Chagrin Boulevard and Hildana Road
Open Play Area

8. HORSESHOE LAKE PARK

Location: Park Drive off of South Park Drive
Horseshoe Lake Park contains two picnic pavilions with grills. Required reservations of the large pavilion can be made online at shakeronline.org.

ADA
Drinking Fountains
Grills
Picnic Pavilion
Restroom
Walking or Nature Trail
Playground Toddler
Playground 2-5 year olds
Playground 5-12 year olds

9. LOMOND ATHLETIC FIELDS

Location: Lomond Blvd & Palmerston Road
Restroom (seasonal)
Baseball / Softball
Soccer

All school fields require use permits that are available through the Recreation Department. Restrictions apply.

10. LUDLOW PARK

Location: Southington & Keswick Roads

Restroom (seasonal)

Baseball / Softball

Playground 2-5 year olds

Playground 5-12 year olds

11. MEDIAN FIELD & TRAIL

Location: Shaker Blvd, directly across from SH Middle School

Restroom (seasonal)

Baseball / Softball

Lacrosse / Soccer

Multi Purpose Trail

12. MENLO TOT LOT

Location: Menlo Road near Scottsdale Blvd

ADA

Playground 2-5 year olds

13. MERCER FIELDS

Location: Green Road & South Woodland Road

Restroom (seasonal)

Baseball / Softball

Lacrosse / Soccer

14. SHAKER HEIGHTS HIGH SCHOOL FIELDS

Location: Shaker Heights High School, 15911 Aldersyde Drive

Restroom (seasonal)

Baseball / Softball

Lacrosse

Football / Field Hockey

15. SHAKER HEIGHTS MIDDLE SCHOOL LOWER FIELDS

Location: Shaker Blvd & Belvoir Oval

Soccer / Lacrosse / Track / Football

16. SHAKER HEIGHTS MIDDLE SCHOOL UPPER FIELDS

Location: Shaker Blvd & Belvoir Oval

Restroom (seasonal)

Baseball / Softball

Lacrosse / Soccer

Football / Field Hockey

17. SOUTHERLY PARK

Location: South Park Drive & South Woodland Road

New Fitness Stations

Multi Purpose Trail

18. SUSSEX PARK

Location: Shaker Family Connections – Lomond Blvd & Norwood Road

ADA

Bike Rack

Restroom (seasonal)

Tennis Courts

Pickleball Courts

Playground 2-5 year olds

Playground 5-12 year olds

Baseball / Softball

19. THORNTON PARK

Location: 3301 Warrensville Center Road, one block north of Farnsleigh Road

ADA

Bike Rack

Drinking Fountains

Picnic Tables

Restroom

Sand Volleyball

Skate Park

Sledding

Swimming

Walking or Nature Trail

Basketball

Ice Skating

Pickleball Courts

Tennis Courts

Playground Toddler

Playground 2-5 year olds

Playground 5-12 year olds

Basketball Court & Skate Park – Photo ID required at all times. Helmets required for skate park. Open weather permitting. Proof of residency is required. Only one non-resident may accompany a pass holder. Residents always have priority.

Indoor Ice Arena – Open year round, offering recreational skating, skating instruction, youth through adult hockey, and figure skating opportunities.

Outdoor Swimming Pool – Open Memorial Day weekend through Labor Day. This beautiful recreation swimming pool boasts lap lanes, a diving well, water slides, and a current channel. Family friendly, the pool includes a tot pool and splash pad.

20. TOWN CENTER PARK AND AROUND THE WORLD PLAYGROUND

Location: Adjacent to the main library. Playground open Apr 1 – Oct 31 only

ADA

Bike Rack

Drinking Fountains

Restroom (seasonal)

Walking or Nature Trail

Baseball / Softball

Football

Lacrosse / Soccer

Playground Toddler

Playground 2-5 year olds

Playground 5-12 year olds

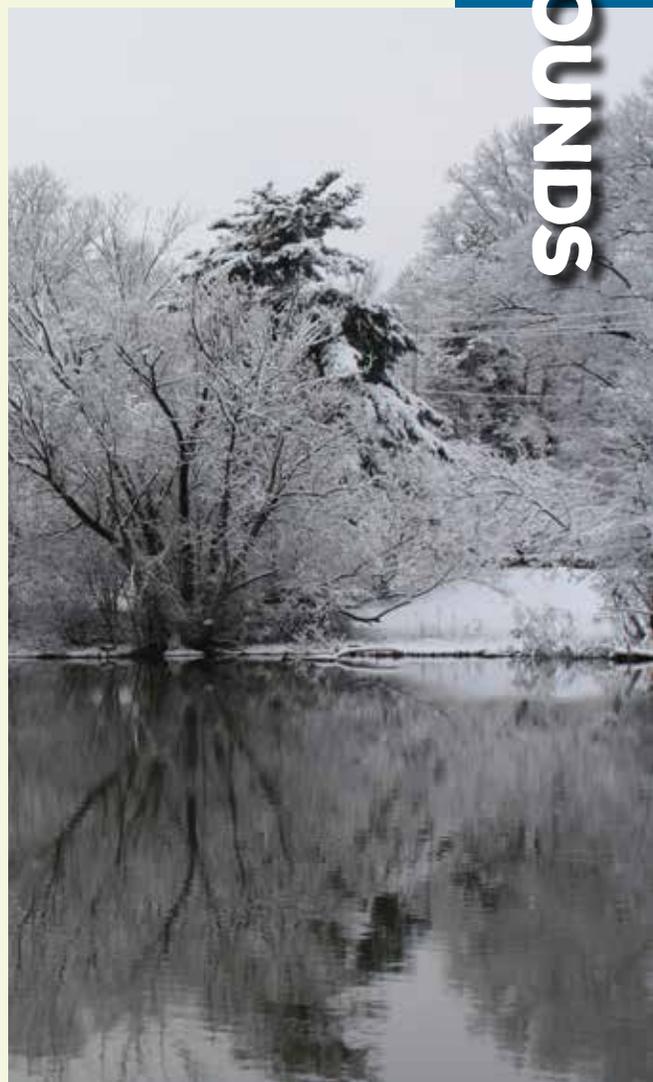
21. WINSLOW PARK

Location: Winslow & Ingleside Roads

ADA

Playground 5-12 year olds

PARKS & PLAYGROUNDS





SENIORS - ENRICHMENT

AARP SHAKER CHAPTER

Enjoy monthly meetings with other area adults ages 50+. Reservations are not required. Retirees are especially welcome. Call 216-491-1360 for meeting dates.

LOCATION: STJ Community Building, Rm #102
DATE & TIME: 3rd Friday of each month | 1:30 pm
FEES: No Charge

BROWN BAG BINGO

The Recreation Department will host a rousing round of bingo complete with prizes. Participants will need to bring a packed lunch; however coffee and dessert will be provided. For more information, please call 216-491-1360.

LOCATION: STJ Community Building, Rm #114
DATE & TIME: 1st Wednesday of the month | 12:30 – 1:30 pm
FEES: No Charge

CARDS – OPEN BRIDGE

Enjoy a relaxing afternoon playing a timeless game. Sessions are ongoing and meet weekly. Reservations are not required.

LOCATION: STJ Community Building, Rm #114
DATE & TIME: T/TH, ongoing | 1 – 4 pm
FEES: \$1 donation

COFFEE, COOKIES & CONVERSATION

All are welcome to attend this bi-monthly session featuring informative speakers and occasional entertainment. Coffee, tea, and sweet treats are served. For more information, call Andrea Jewett at 216-491-1351.

LOCATION: STJ Community Building, Rm #114
DATE & TIME: 2nd & 4th Wednesdays of each month
 12:30 – 1:30 pm
FEES: No Charge

HOLIDAY LUNCH

Annual lunch for adults 50+. Join friends and other members of the community in exchanging holiday greetings at this much anticipated event. Space is limited. Reservations must be received by Friday, Dec 9 by calling 216-491-1360.

LOCATION: STJ Community Building, Room 114
DATE & TIME: Wednesday, Dec 14 | 1 – 2:30 pm
FEES: \$9

MONDAY MOVIES

Pack a lunch and enjoy a classic or a newer release with friends. Coffee and dessert will be provided. Popcorn will be for sale. For more information contact Andrea Jewett at 216- 491-1351. *No movies entire month of Dec, Jan 16, Feb 20.*

LOCATION: STJ Community Building, Rm #114
DATE & TIME: Mondays | Arrive by 12:30 pm
FEES: No Charge

TAX ASSISTANCE FOR ADULTS 60+

The AARP Foundation sponsors a free federal and state tax return preparation service available by appointment only for middle/low-income taxpayers with priority given to those over 60. You must bring your 2015 return, as well as all tax documents, including W2 and 1099 forms (including those for social security) and brokerage statements you receive and a list of deductions you wish to claim. This year we will be unable to amend prior years returns. Call 216-491-1360 to schedule an appointment.

LOCATION: Shaker Heights Public Library, Main Branch
 16500 Van Aken Blvd
DATE & TIME: Tuesdays, Feb 7 – Apr 11 | 10 am – 4 pm
 Fridays, Feb 3 – Apr 14 | 10 am – 4 pm

VALENTINE'S LUNCHEON

Annual luncheon for adults 50+. Join your friends for great entertainment and a delicious lunch. Don't delay, space is limited. Reservations must be received by Friday, Feb 10 by calling 216-491-1360.

LOCATION: STJ Community Building, Rm #114
DATE & TIME: Wednesday, Feb 15 | 12:30 – 2:30 pm
FEES: \$9

THANK YOU

TO THE VENDORS WHO PARTICIPATED IN OUR 2016 FALL HEALTH FAIR.

- AETNA
- Avenue of Warrensville
- Benjamin Rose Institute on Aging
- Center for Hearing Care
- Cleveland Clinic Ctr. For Brain Health Research
- Cuyahoga County Division of Senior & Adult Services
- Daniel P. Seink Co., Ltd. Elder Law Attorneys
- Fairhill Partners
- Fun with Fitness
- Gateway Health Plan
- Homewatch CareGivers
- Jennings Center for Older Adults
- McGregor Pace
- Menorah Park Center for Senior Living
- Office of Ohio Attorney General Mike DeWine
- Ohio Department of Insurance (OSHIIP)
- RTA
- Shaker Gardens Nursing & Rehabilitation Ctr.
- Shaker Heights Public Library
- The Lake View Cemetery
- The Woodlands of Shaker Heights



SENIORS – HEALTH & FITNESS

TRIPS

SENIORS – HEALTH & FITNESS

Arthritis Foundation EXERCISE PROGRAM

This program concentrates on range of motion, strength development, endurance, and relaxation. Participants will receive practical tips for a healthier lifestyle and learn activities to promote self-care. Hand weights, elastic bands, and a participant manual included. Instruction provided by Judson Wellness Center staff. *No class Jan 16, Feb 20.*

LOCATION: STJ Community Building, Rm #114

DATE & TIME: M/W/F, ongoing | 11:15 am – 12 pm

FEES: \$3 per class, drop-in fee

FUN WITH FITNESS

This class features low impact exercise that requires no floor work. Wear comfortable tennis shoes. *No class Jan 16, Apr 17.*

LOCATION: STJ Community Building, Rm #114

INSTRUCTOR: Sandy Spinks

DATE & TIME: M/W/F, Jan 4 – Feb 15 | 9:20 – 10:20 am
M/W/F, Feb 22 – Apr 3 | 9:20 – 10:20 am
M/W/F, Apr 10 – May 22 | 9:20 – 10:20 am

FEES: \$40 SH RES / \$60 NRES, 2x/week, individual
\$50 SH RES / \$70 NRES, 3x/week, individual
\$60 SH RES / \$80 NRES, 2x/week, couple
\$75 SH RES / \$95 NRES, 3x/week, couple

PODIATRY CARE

Learn about basic foot care services provided by a podiatrist. This program is offered on a first come, first served basis. Residents and non-residents welcome. Please call 216-491-1360 for more information.

LOCATION: STJ Community Building, Rm #115

TRIPS

WINTER WONDERLAND SNOWSHOE EXCURSION

The whole family can enjoy winter when you explore it with snowshoes! This half day excursion to Lake County includes snowshoes, instruction, transportation, winter picnic with hot and cold beverages and historical guided tour. Great for beginners. One adult per 3 youth. Minors must have a waiver signed by a parent or guardian. Meet at the Shaker Dealership, 3558 Lee Rd.

LOCATION: Lake County Metroparks

INSTRUCTOR: Elaine Price

DATE & TIME: Saturday, Jan 28 | 12 pm – 5 pm

FEES: \$84 SH RES / \$104 NRES (ages 13+ years)
\$54 SH RES / \$74 NRES (ages 4–12 years)

HOLIMONT SKI RESORT TRIPS

Adults and children grades 6-12. We are teaming up with surrounding communities for a trip to the beautiful Holimont Ski Resort in western New York for skiing and riding. Join us for these great holiday trips and enjoy a day of fun. Cost includes experienced adult supervision, lift tickets, and a comfortable motor coach with a movie each way.

LOCATION: Meet at Mayfield High School main parking lot
6116 Wilson Mills Road, Mayfield Village

DATE & TIME: Monday, Feb 20, President's Day
Meet bus at 6 am – 8 pm

FEES: Lift Ticket only \$105
Lift ticket and rentals \$135
Helmet Fee \$10 (paid at the site)

Last day for refund is February 2

TRANSPORTATION SERVICES FOR ADULTS 60+

Senior Transportation Connection (STC) multi-passenger vehicles drive individuals throughout the east side Cleveland suburbs for medical appointments and a variety of other services. You must be at least 60 years old to qualify for this service and complete a registration form. A suggested donation of \$2 is requested for a one-way ride and \$4 for a round trip ride for destinations to medical/therapy/dialysis. A donation of \$1 is suggested for group shopping trips on Thursdays and Fridays and all trips to the Stephanie Tubbs Jones Community Building. All destinations other than those listed will be considered personal rides and a mandatory \$5 per trip or \$10 per round trip fee will be assessed. This program is funded in part through a grant from Western Reserve Area Agency on Aging. Personal rides have destination limitations.

For more information please call 216-491-1351 or visit the STC website at ridestc.org.



ADULTS – AQUATICS

ADULTS – AQUATICS / HEALTH & FITNESS

ADULTS – AQUATICS

AMERICAN RED CROSS LIFEGUARDING

Ages 15+

This American Red Cross Lifeguarding certification course will provide entry-level lifeguard participants with the knowledge and skills to prevent, recognize, and respond to aquatic emergencies. Participants must be able to swim 300 yards continuously, tread water for 2 minutes using only the legs and complete a timed event that includes a surface dive and swimming 40 yards with a 10 pound brick under 1:40. Participants must have access to email and computer. Students must register for the class and pass pre-skills clinic to qualify for course.

LOCATION: Woodbury Pool

INSTRUCTOR: Lyle Reed

DATE & TIME: Saturdays, Jan 14 – Feb 18 | 10:30 am – 4 pm
Pre skills clinic, Saturday, Jan 7 | 12 pm – 1 pm

FEES: \$165 SH RES / \$185 NRES

LEARN TO SWIM GROUP LESSONS FOR ADULTS

Age: 18+

This class will help adults of any swimming ability learn to feel more comfortable in the water. Following the American Red Cross learn-to-swim model, this class is sure to help adults learn to swim. Join other adults who are less comfortable and learn together. *No class Jan 16, Feb 20.*

LOCATION: Woodbury Pool

INSTRUCTOR: Lyle Reed

DATE & TIME: Mondays, Jan 9 – Feb 27 | 7:30 – 8:30 pm

FEES: \$65 SH RES / \$85 NRES

OPEN FAMILY SWIMMING AND LAP SWIMMING AT WOODBURY

Children ages 14 and younger must be accompanied by an adult. Residents only. Lap swimming is limited during open swim hours. An unlimited use pool pass for all open and lap swimming is available for purchase at Thornton Park for \$35 per person. A family pass is not available.

LOCATION: Woodbury Pool

DATE & TIME: T/TH, Jan 3 – Mar 23

Open Swim | 7:30 – 8:30 pm

Lap Swim | 8:30 – 9:30 pm

Saturday, Jan 7-Mar 25

Open Swim | 12:30 – 2 pm

Lap Swim | 2 – 4 pm

FEES: \$3/person drop-in; \$5/family three or more
Exact change only please

WATER AEROBICS

Age: 18+

Warm ups, leg exercises, stretching, and water aerobics incorporated to tone/exercise the body.

LOCATION: Woodbury Pool

INSTRUCTOR: Lyle Reed

DATE & TIME: Wednesdays, Jan 11 – Feb 15 | 7:30 – 8:15 pm

FEES: \$65 SH RES / \$85 NRES

ADULTS – ENRICHMENT

WATERCOLOR PAINTING

Age: 18+

Learn composition, color theory, brushwork, and technique taught with landscape, still life, and portraits. A supply list will be provided at the first class. Some experience is needed.

LOCATION: Thornton Park Community Room

INSTRUCTOR: Beverle Krueger

DATE & TIME: Fridays, Jan 20 – Mar 10 | 11 am – 1:30 pm

FEES: \$70 SH RES / \$90 NRES

BALLROOM DANCING

Age: 18+

Dance the waltz, fox trot, salsa, and tango just like the stars. Learn to execute dance steps with confidence in any social setting in the basic class. The intermediate level emphasizes leading and following, interpretation of music and more stylized approach to the dance floor. The advanced level is for students with prior dance instruction where participants learn to polish their skills and techniques. Participants are not required to have a partner. Instructors reserve the right to place couples in appropriate classes. *No class Mar 29.*

LOCATION: Woodbury Cafeteria

INSTRUCTOR: Mitzi Waring

DATE & TIME: Wednesdays, Feb 8 – Apr 5

7 – 8 pm Intermediate/Advanced

8 – 9 pm Basic

FEES: \$95 SH RES / \$115 NRES per couple

\$50 SH RES / \$60 NRES individual

ADULT HEALTH & FITNESS

AEROBIC DANCING W/JACKI'S INC.

Age: 18+

Build muscle strength and cardiovascular endurance in this one-hour workout to upbeat music for all ages and fitness levels. Bring a mat and hand weights to class. *No class Jan 16, Feb 20.*

LOCATION: Stephanie Tubbs Jones Community Building

INSTRUCTOR: Jill Welsh

DATE & TIME: M/W/F, Jan 4 – Mar 24 | 8:10 – 9:10 am

FEES: \$175 SH RES 2 days/wk / \$195 NRES 2 days/wk

\$225 SH RES 3 days/wk / \$245 NRES 3 days/wk



ADULTS – HEALTH & FITNESS

ADULTS – HEALTH & FITNESS

AGATA'S BOOT CAMP CONDITIONING

Age: 18+

This exciting Boot Camp Conditioning workout, designed to sculpt and define your body, blends cardio, weight, and bodyweight resistance based exercises to get you in incredible shape quickly while you have fun doing it. No matter your fitness level, this program will tone your abs, back, arms, and thighs. You'll see amazing results as you get stronger, leaner, and feel more energized with this fun, rewarding workout. Bring a yoga mat and dumbbells to class. *No class Feb 20.*

LOCATION: STJ Community Bldg.

INSTRUCTOR: Agata Wojno

DATE & TIME: M/W/SA, Jan 18 – Feb 13

M/W/SA, Feb 15 – Mar 15

M/W | 6 – 6:45 pm

SA | 9 – 9:45 am

FEES: \$50 SH RES 2 days/wk / \$70 NRES 2 days/wk

\$60 SH RES 3 days/wk / \$80 NRES 3 days/wk

KIMOODO

Ages 15+

Kimoodo is a gentle exercise based on traditional martial arts movements and the use of internal energy to promote health and wellness. Breathing and meditation, strengthening and stretching, and increased energy combine to provide increased mental and physical balance in daily life.

LOCATION: Shaker Middle School East Gym

INSTRUCTOR: James Cahn, 8th Degree Black Belt

DATE & TIME: Wednesdays

Beginners | 7 – 8 pm

Advanced | 8 – 9 pm

FEES: \$60 per month

Special pricing for Shaker City and School District employees

TAE KWON DO

Ages 8+

Tae Kwon Do is a martial art developed to enable the individual pursuit of physical and mental potential. Young people build self-confidence and concentration through the discipline of training, increased strength and level of physical fitness, and knowledge of self-defense skills. All belt promotions are certified by recognized master instructors.

LOCATION: Shaker Middle School East Gym

INSTRUCTOR: James Cahn, 8th Degree Black Belt

DATE & TIME: M/W | 7 – 8:15 pm

Saturdays | 11 am – 12:15 pm

FEES: from \$70 per month

TAIJI QUAN AND QIGONG

Age: 18+

Traditional Chinese arts for exercise, meditation, and self-defense. Students will learn beginning form of Taiji and classical meditation exercises of Qi Gong. Practical, simple approaches to self-defense will be explored. Beginners and experienced students welcome. Participants should wear comfortable clothing and athletic shoes. *No class Jan 16, Feb 20.*

LOCATION: Plymouth Church Fellowship Hall

INSTRUCTOR: William Kohner

DATE & TIME: Mondays, Jan 9 – Mar 27 | 7 – 8:15 pm

FEES: \$100 SH RES / \$120 NRES

ZUMBA AFTER WORK/STEP

Ages 16+

ZUMBA® AFTER WORK

Dance and sweat away workday stress and get fit. Zumba® classes feature exotic rhythms set to high energy Latin and international beats. Before you know it, you'll be getting fit and your energy levels will be soaring. It's easy to do, effective, and totally exhilarating. Zumba® and the Zumba® fitness logos are trademarks of Zumba Fitness, LLC used under license. Mat required.

LOCATION: Thornton Park Community Room

INSTRUCTOR: Gigi Roney

DATE & TIME: T/TH, ongoing | 6 – 7 pm

FEES: Six-class swipe card \$48 SH RES / \$68 NRES

ZUMBA STEP

Take lower body workouts and calorie burning to new heights with the newest Zumba® routines and step moves. Participants will get the maximum results in this easy-to-follow fitness party program.

LOCATION: Thornton Park Community Room

INSTRUCTOR: Gigi Roney

DATE & TIME: Wednesdays, ongoing | 7 – 8 pm

FEES: Six-class swipe card \$48 SH RES / \$68 NRES

VERB BALLETS

Verb Ballets offers evening community dance classes open to anyone who shares the love of dance. Ballet classes are available for a variety of ability levels from beginning to advanced. No preregistration necessary; please arrive 10 minutes early to complete paperwork. Visit www.verbballets.org/classes or 216-397-3757 for more information.

LOCATION: 3445 Warrensville Center Rd

FEES: \$10 SH RES per class

\$15 NRES per class or \$120 for 10 classes



PRESCHOOL AQUATICS

AMERICAN RED CROSS PARENT-CHILD LESSONS

Ages 9 mos-3 yrs. Learn how to introduce a young child to the water. Parent or guardian must join the child in the pool. Class is limited to 20 participants.

LOCATION: Woodbury Pool
INSTRUCTOR: Aquatics Staff
DATE & TIME: Saturdays, Jan 7 – Feb 11 | 10:30 - 11 am
 Saturdays, Feb 18 – Mar 25 | 10:30 - 11 am
FEES: \$60 SH RES / \$80 NRES

OPEN FAMILY SWIMMING AND LAP SWIMMING AT WOODBURY

See Adult Section, page 8

PRESCHOOL SWIM LESSONS LEVEL 1 and 2

Ages 3-5, and under 48" tall. Learn how to introduce a young child to the water. Parents are not required to be in the pool. 4-5 yr olds able to demonstrate basic skills should enroll in the Preschool 3 class. Class is limited to 8 participants.

LOCATION: Woodbury Pool
INSTRUCTOR: Lyle Reed
DATE & TIME: Saturdays, Jan 7 – Feb 11 | 10:30 – 11 am
 Saturdays, Jan 7 – Feb 11 | 11 – 11:30 am
 Saturdays, Feb 18 – Mar 25 | 10:30 – 11 am
 Saturdays, Feb 18 – Mar 25 | 11 – 11:30 am
FEES: \$60 SH RES / \$80 NRES

SWIM LESSONS LEVEL 3

Ages 4-5, and under 48" tall. Learn how to introduce a young child to the water. Parents are not required to be in the pool. 4-5 yr olds able to demonstrate basic skills should enroll in this class. Class is limited to 8 participants.

LOCATION: Woodbury Pool
INSTRUCTOR: Lyle Reed
DATE & TIME: Saturdays, Jan 7 – Feb 11 | 11 – 11:30 am
 Saturdays, Feb 18 – Mar 25 | 11 – 11:30 am
FEES: \$60 SH RES / \$80 NRES

PRESCHOOL SPORTS

BITTY BASKETBALL

Coed, age 4. Help your child learn the game of basketball. This class teaches basic basketball skills and concepts for first-time players to become more comfortable with the sport.

LOCATION: Woodbury Main Gym
INSTRUCTOR: Denise Duncan
DATE & TIME: Saturdays, Jan 7 – Jan 28 | 9 – 9:45 am
 Saturdays, Feb 4 – Feb 25 | 9 – 9:45 am
 Saturdays, Mar 4 – Mar 25 | 9 – 9:45 am
FEES: \$45 SH RES / \$65 NRES



YOUTH AQUATICS

ADVANCED LEVEL 5 COMPETITIVE SWIMMING ADVANCED LEVEL 5 COMPETITIVE SWIMMING/STROKE TECHNIQUE

Ages 6-12. Get your swimmer ready to advance to the Shaker Sharks program this summer or just brush up on technique. Swimmers must be able to demonstrate the ability to do the following: front crawl, breaststroke, backstroke, and swim continuously for 25 yards (one lap). Class is limited to 12 participants.

LOCATION: Woodbury Pool
INSTRUCTOR: Lyle Reed
DATE & TIME: Saturdays, Jan 7 – Feb 11 | 12 – 12:30 pm
 Saturdays, Feb 18 – Mar 25 | 12 – 12:30 pm
FEES: \$65 SH RES / \$85 NRES

OPEN FAMILY SWIMMING AND LAP SWIMMING AT WOODBURY

See Adult Section, page 8

WOODBURY POOL PRIVATE SWIM LESSONS

Payment vouchers must be purchased in the front office at Thornton Park or online 72 hours prior to the private lesson taking place. Please make instructor arrangements first, and then buy the corresponding number of vouchers. Instructors are not permitted to accept payment directly from the participants. Vouchers are to be presented to the instructor at the beginning of each private lesson. Residents only.

LOCATION: Woodbury Pool
INSTRUCTOR: Lyle Reed
DATE & TIME: T/TH/SA, Jan 3 – Mar 25 | TBA
FEES: \$20



YOUTH – AQUATICS

YOUTH – ENRICHMENT

AMERICAN RED CROSS

LEVEL 1 AND 2

Ages 5-14 Yrs

Participants must be 48' tall or have certification from previous water instruction. Bring suit/towel. Beginner through advanced classes offered. Intermediate and advanced swimmers must be able to demonstrate the ability to do the front crawl, breaststroke, and swim continuously for 25 yards (1 lap).

LOCATION: Woodbury Pool

INSTRUCTOR: Lyle Reed

DATE & TIME: Saturdays, Jan 7 – Feb 11 | 10:30 – 11 am
Saturdays, Jan 7 – Feb 11 | 11:30 am – 12 pm
Saturdays, Feb 18 – Mar 25 | 10:30 – 11 am
Saturdays, Feb 18 – Mar 25 | 11:30 am – 12 pm

FEES: \$65 SH RES / \$85 NRES

AMERICAN RED CROSS

LEVEL 3 AND 4

Ages 5-14 Yrs

Participants must be 48' tall or have certification from previous water instruction. Bring suit/towel. Beginner through advanced classes offered. Intermediate and advanced swimmers must be able to demonstrate the ability to do the front crawl, breaststroke, and swim continuously for 25 yards (1 lap).

LOCATION: Woodbury Pool

INSTRUCTOR: Lyle Reed

DATE & TIME: Saturdays, Jan 7 – Feb 11 | 11:30 am – 12 pm
Saturdays, Feb 18 – Mar 25 | 11:30 am – 12 pm

FEES: \$65 SH RES / \$85 NRES

Register

SHAKERONLINE.COM

or call 216-491-1295

YOUTH ENRICHMENT

HORSEBACK RIDING

Ages 6+

Learn the fundamentals of the walk and trot. Learn equestrian skills that can be enjoyed throughout life. Riding helmets are provided. Boots or shoes with a heel must be worn. Monday classes are an introduction to riding.

LOCATION: Maypine Equestrian Center

INSTRUCTOR: Alison Park

DATE & TIME: Mondays, Jan 9 – Feb 27 | 4 – 5 pm
Saturdays, Jan 14 – Mar 4 | 3 – 4 pm
Sundays, Jan 15 – Mar 5 | 12 – 1 pm

FEES: \$265 SH RES / \$285 NRES

INTRODUCTION TO SEWING

Ages 10-18

Learn how to sew. This introductory class will teach hands-on sewing instruction. Sewing for yourself is not as difficult as you may think. You will build skills with confidence as you get to know your sewing machine and create a garment that you can wear! Most importantly, you will learn in a fun and relaxed atmosphere, where part of the learning process is to try, make mistakes, and then correct them. Bring your own sewing machine, machine needles, thread, scissors, and fabric pins.

LOCATION: STJ Community Bldg. Room 115

INSTRUCTOR: Mina McGrady

DATE & TIME: Saturdays, Jan 7 – Feb 25 | 10 am – 12 pm

FEES: \$65 SH RES / \$85 NRES

YOUTH THEATRE WORKSHOP

Grades 1-4

This workshop is a perfect after school activity for those who enjoy performing and live theatre. Principles of acting, singing, and movement are taught by a local performer and educator. A performance is presented during the last half hour of the final class. The class will begin promptly at 3:45pm. Students attending school within the same building should report at 3:30pm and may bring a snack. *No class Feb 20.*

AGE: 6-10 yrs

LOCATION: Boulevard School Gymnasium

INSTRUCTOR: Brad Schreiber

DATE & TIME: Mondays, Jan 23 – Mar 6 | 3:45 – 4:30 pm

FEES: \$55 SH RES / \$75 NRES





YOUTH SPORTS

BASKETBALL

JR. RAIDER PEE WEE INSTRUCTIONAL 5-6

Coed, ages 5-6

This program provides instruction on fundamental skills including dribbling, passing, and shooting with drills, games, and scrimmage sessions.

LOCATION: Woodbury Main Gym

INSTRUCTOR: Denise Duncan

DATE & TIME: Saturdays, Jan 7 – Feb 18 | 10 – 11 am

FEES: \$75 SH RES / \$95 NRES

DATE & TIME: Saturdays, Feb 25 – Mar 25 | 10 – 11 am

FEES: \$60 SH RES / \$80 NRES

JR. RAIDER PEE WEE INSTRUCTIONAL 7-8

Coed, ages 7-8

This developmental league is designed to promote fun and develop skills in a practice and game setting. Sessions consist of a 30-minute practice and a 30-minute game. T-shirts will be provided at registration. Volunteer coaches and parents are needed.

LOCATION: Woodbury Main Gym

INSTRUCTOR: Denise Duncan

DATE & TIME: Saturdays, Jan 7 – Feb 18 | 11 am – 12 pm

FEES: \$75 SH RES / \$95 NRES

DATE & TIME: Saturdays, Feb 25 – Mar 25 | 11 am – 12 pm

FEES: \$60 SH RES / \$80 NRES



FENCING

ALCAZAR FENCING CLUB

Ages 6-adult

Described as physical chess, fencing is a fun, disciplined, mentally and physically demanding sport. Competitions are held at all skill levels. Equipment provided. Payment in full by cash or check due at the first class. Please contact: Fencing Master: William Reith @ Alcazarfencing@aol.com

LOCATION: Shaker Heights High School Fencing Room

INSTRUCTOR: William Reith

DATES: Ongoing, may start at any time
Saturdays, 12-1 pm (Parent-Child classes)

FEES: \$150 Individual/10-week session
\$200 Parent-Child/10-week session

GOLF

GOLF PARENT/CHILD CLINIC

Ages 8+ Yrs

This is a fun way for the parent and child to spend some quality time together. Introduction to the golf swing, chipping, putting, plus rules and etiquette are covered. Actual on-course play and contests are in simulators.

LOCATION: Golf Dome

INSTRUCTOR: Sandy Hood

DATE & TIME: Thursdays, Jan 12 – Feb 16 | 6 – 7 pm
Thursdays, Feb 23 – Mar 30 | 6 – 7 pm
Fridays, Jan 13 – Feb 17 | 6 – 7 pm
Fridays, Feb 24 – Mar 31 | 6 – 7 pm

FEES: \$185 SH RES / \$205 NRES

GOLF TIGER CUBS

Ages 4-7 Yrs

This is a great way to start your future. Learn the basic fundamentals with emphasis on hand-eye coordination and having fun. Classes are 30 minutes in length. Equipment is provided.

LOCATION: Golf Dome

INSTRUCTOR: Sandy Hood

DATE & TIME: Fridays, Jan 13 – Feb 17 | 5 – 5:30 pm
Fridays, Feb 24 – Mar 31 | 5 – 5:30 pm

FEES: \$60 SH RES / \$80 NRES

HOLIDAY LEARN TO SKATE CAMP

Ages 5+

Skaters receive a daily 30-minute group skating lesson and 30 minutes extra practice time. Fee includes skate rental. Helmets are required for children ages 3-5 and recommended for children ages 6 and up. Fees listed are for one week.

LOCATION: Thornton Park

INSTRUCTOR: LTS Instructor

DATE & TIME: Week 1 - T/W/TH, Dec 20 – 22 | 12:45 – 1:45 pm
Week 2 - T/W/TH, Dec 27 – 29 | 12:45 – 1:45 pm

FEES: \$30 SHRES / \$40 NRES



YOUTH - SPORTS

SOCCER
INTRO SKILLS

Grades K-2
This is basic soccer instruction including ball handling, drills, and skill games. Classes with limited enrollment may be combined.

LOCATION: SH Middle School West Gym

INSTRUCTOR: Brett Miller

DATE & TIME: Saturdays, Jan 7 – Feb 11
Saturdays, Feb 18 – Mar 25
Kindergarten: 9 – 9:45 am
Grades 1 – 2: 10 – 10:45

FEES: \$65 SH RES / \$85 NRES



SHAKER YOUTH SOCCER ASSOCIATION

Join Us on the Field Today!

For over 20 years, SYSA, a community based, not for profit organization has been operating programs to enhance technical skills and foster teamwork through participation in organized soccer.

Fall, Winter and Spring Soccer For Boys and Girls

Mini-Kickers and K-1 Training and Scrimmages

boys and girls age 4 through 1st grade

Contact: **Brian Miller** | BrianMiller@Shakeryouthsoccer.org

Premier, Travel and Recreational Soccer Leagues, Clinics & Camps

boys and girls age 7-18

Contact: **Lora Mesiano** | loramesiano@Shakeryouthsoccer.org



www.shakeryouthsoccer.org



ICE SKATING

PUBLIC SKATING AND SPECIAL ICE ARENA EVENTS

Ice arena schedules are available at Thornton Park and online at: <http://www.shakeronline.com/city-services/recreation/facilities/thornton-park>

Ice Arena CLOSED: Nov 24, Dec 25, Jan 1, Apr 16

Please check for updated schedules on the following dates:

Friday Night DJ Skates (7:45 – 9 pm): Jan 6, 13, 20, Feb 10, 24, Mar 3, 10, 17, 24

Chuck Rossbach, Learn to Skate Competition & SFSC Winter Preview: Dec 10

High School Hockey Tournament: Dec 12 – 18

Holiday Ice Schedule: Dec 12 – 31

MLK Day Schedule: Jan 16

SFSC – High School Competition: Feb 11 – 12

Killer B – Youth Hockey Tournament: Feb 16 – 19

Presidents Day Schedule: Feb 20

Ice Show: May 5 – 6

FIGURE SKATING FREESTYLE SESSIONS

MORNING FREESTYLE SESSIONS

Thornton Park offers morning City sponsored freestyle sessions Monday - Friday. Skaters practice jumps, spins, choreography and often take private lessons during these sessions. Skaters pay ice fee to rink and lesson fees directly to coaches. Swipe cards available for purchase at front office. Please see shakeronline.com or call 216-491-1295 for a list of coaches.

DATE & TIME: Ongoing through Jun 4, 2017
M-F | 8 – 9:15 am

FEES: Full Season Passes
(valid mornings only through Mar 1)
\$215 SH RES / \$325 NRES
Partial Season Passes (available Jan 3)
(valid mornings only through Mar 1)
\$75 SH RES / \$115 NRES
Walk-on: \$5 SH RES / \$7 NRES
Five-session swipe card \$20 SH RES / \$28 NRES

AFTERNOON LOW/BASIC SKILLS SESSIONS

Beginning Spring 2016

FEES: \$5 SH RES / \$7 NRES walk-on

AFTERNOON OPEN FREESTYLE SESSIONS

Beginning Spring 2016

FEES: \$10 SH RES / \$13 NRES
Five-session swipe card \$40 SH RES / \$52 NRES

PUBLIC SKATING / ADULT SKATING ADMISSIONS

(Under 2 admitted free)

DAILY RATES: Preschoolers (2-5) \$1.50 SH RES / \$3 NRES
Youth (6-17) \$3 SH RES / \$6 NRES
Adults (18-49) \$4 SH RES / \$6 NRES
Seniors 50+ \$3 SH RES / \$6 NRES

SKATE RENTAL: \$3 SH RES and NRES

GROUP RATE: \$4 SH RES / \$6 NRES

min 10 skaters, includes skate rentals

SKATE RENTAL PASS: \$25 / includes 10 pre-paid rentals

Register online at: shakeronline.com

PUBLIC SKATING PASSES

HALF SEASON PASSES

Available starting January 3 and valid through June 4. Pass holders receive unlimited admission to public skating sessions, Friday Night Skate, and Adult Skating sessions through June 4. Proof of residency is required.

FEES: Family \$90 SH RES / \$106 NRES
Individual \$35 SH RES / \$50 NRES
Seniors 50+ \$25 SH RES / \$40 NRES
Senior Couples 50+ \$40 SH RES / \$55 NRES

ADULT

LEARN TO SKATE INSTRUCTION

Beginning Learn to Skate (LTS) classes are held at Thornton Park Ice Rink for adults with little or no ice experience. Skating skills are taught using United States Figure Skating (USFS) guidelines. Bring your own skates or skate rental is available. Sessions offer five 30-minute classes. Fees listed are for one five- or six-week session.

LOCATION: Thornton Park Ice Rink

INSTRUCTOR: LTS Instructors

FEES: \$60 SH RES / \$80 NRES (Thursdays)

FEES: \$50 SH RES / \$70 NRES (Saturdays)
\$3 skate rental per class

DATE & TIME: Thursdays, Jan 5 – Feb 9 | 6:15 – 6:45 pm
Saturdays, Jan 7 – Feb 4 | 1:45 – 2:15 pm
Thursdays, Feb 16 – Mar 23 | 6:15 – 6:45 pm
Saturdays, Feb 25 – Mar 25 | 1:45 – 2:15 pm

PRESCHOOL

LEARN TO SKATE - BABY BLADES

Learn basic skating skills such as sitting and standing on the ice, marching, and gliding. Each class offers a 20-minute on-ice session in a fun and positive atmosphere. Each on-ice session is followed by a 10-minute story time. Rental skates not included. Helmets are mandatory. There is a \$10 late fee if registering the day before the first class or once classes have begun.

LOCATION: Thornton Park Ice Skating Rink

INSTRUCTOR: LTS Instructors

DATE & TIME: Session 1: Fridays, Jan 6 – Feb 10 | 10:30 – 10:50 am
Session 2: Fridays, Feb 17 – Mar 24 | 10:30 – 10:50 am

FEES: \$60 SH RES / NRES \$80
\$3 skate rental per class



ICE SKATING

YOUTH

LEARN TO SKATE INSTRUCTION

Classes are 30 minutes in length and meet weekly for five or six weeks. There is a \$10 late fee if registering less than 24 hours prior to the start of the first class or once classes have begun. Beginning Learn to Skate classes are held at the Thornton Park Ice Rink for children with little or no ice experience. Skating skills are taught using United States Figure Skating (USFS) guidelines and are offered for levels Snowplow Sam through Freestyle. Bike or hockey helmets are mandatory for all Snowplow Sam 1 skaters. Bike helmets are recommended for Basic 1 skaters. Mittens or gloves are recommended for all students. Skaters should wear one pair of thin, high socks or tights and layers of clothing are recommended for warmth and ease of movement. Bring your own skates or skate rental is available. Rental skates are not included in the fee. Discounted skate rental cards available for purchase. Fees listed are for a single five or six week session.

SNOWPLOW SAM 1, SNOWPLOW SAM 2, SNOWPLOW SAM 3, AND SNOWPLOW SAM 4

Ages 3-5 yrs

LOCATION:	Thornton Park Ice Rink	
INSTRUCTOR:	LTS Instructors	
FEES:	\$60 SH RES / \$80 NRES (T/TH/F) \$50 SH RES / \$70 NRES (SA) \$3 skate rental per class	
DATE & TIME:	Tuesdays, Jan 3 – Feb 7	5 – 5:30 pm
	Thursdays, Jan 5 – Feb 9	1:15 – 1:45 pm 5:15 – 5:45 pm 6:15 – 6:45 pm
	Fridays, Jan 6 – Feb 10	10 – 10:30 am
	Saturdays, Jan 7 – Feb 4	1:15 – 1:45 pm
	Tuesdays, Feb 14 – Mar 21	5 – 5:30 pm
	Thursdays, Feb 16 – Mar 23	1:15 – 1:45 pm 5:15 – 5:45 pm 6:15 – 6:45 pm
	Fridays, Feb 17 – Mar 24	10 – 10:30 am
	Saturdays, Feb 25 – Mar 25	1:15 – 1:45 pm

BASIC 1, BASIC 2, AND BASIC 3

Ages 6 yrs and up

LOCATION:	Thornton Park Ice Rink	
INSTRUCTOR:	LTS Instructors	
FEES:	\$60 SH RES / \$80 NRES (T/TH) \$50 SH RES / \$70 NRES (SA) \$3 skate rental /class	
DATE & TIME:	Tuesdays, Jan 3 – Feb 7	5:00 – 5:30 pm
	Thursdays, Jan 5 – Feb 9	5:45 – 6:15 pm 6:15 – 6:45 pm
	Saturdays, Jan 7 – Feb 4	1:45 – 2:15 pm
	Tuesdays, Feb 14 – Mar 21	5 – 5:30 pm
	Thursdays, Feb 16 – Mar 23	5:45 – 6:15 pm 6:15 – 6:45 pm
	Saturdays, Feb 25 – Mar 25	1:45 – 2:15 pm

BASIC 4 AND 5

LOCATION:	Thornton Park Ice Rink	
INSTRUCTOR:	LTS Instructors	
FEES:	\$60 SH RES / \$80 NRES (T/TH) \$50 SH RES / \$70 NRES (SA) \$3 skate rental per class	
DATE & TIME:	Tuesdays, Jan 3 – Feb 7	5:30 – 6:00 pm
	Thursdays, Jan 5 – Feb 9	5:45 – 6:15 pm
	Saturdays, Jan 7 – Feb 4	1:45 – 2:15 pm
	Tuesdays, Feb 14 – Mar 21	5:30 – 6:00 pm
	Thursdays, Feb 16 – Mar 23	5:45 – 6:15 pm
	Saturdays, Feb 25 – Mar 25	1:45 – 2:15 pm

BASIC 6, PRE-FREESTYLE

LOCATION:	Thornton Park Ice Rink	
INSTRUCTOR:	LTS Instructors	
FEES:	\$60 SH RES / \$80 NRES (T/TH) \$50 SH RES / \$70 NRES (SA) \$3 skate rental per class	
DATE & TIME:	Tuesdays, Jan 3 – Feb 7	5 – 5:30 pm
	Thursdays, Jan 5 – Feb 9	5:15 – 5:45 pm
	Saturdays, Jan 7 – Feb 4	1:15 – 1:45 pm
	Tuesdays, Feb 14 – Mar 21	5 – 5:30 pm
	Thursdays, Feb 16 – Mar 23	5:15 – 5:45 pm
	Saturdays, Feb 25 – Mar 25	1:15 – 1:45 pm

FREESTYLE 1-6

For Freestyle, must have passed Pre-Freestyle.

LOCATION:	Thornton Park Ice Rink	
INSTRUCTOR:	LTS Instructors	
FEES:	\$60 SH RES / \$80 NRES (T/TH) \$50 SH RES / \$70 NRES (SA) \$3 skate rental per class	
DATE & TIME:	Tuesdays, Jan 3 – Feb 7	5 – 5:30 pm
	Thursdays, Jan 5 – Feb 9	5:15 – 5:45 pm
	Saturdays, Jan 7 – Feb 4	1:15 – 1:45 pm
	Tuesdays, Feb 14 – Mar 21	5 – 5:30 pm
	Thursdays, Feb 16 – Mar 23	5:15 – 5:45 pm
	Saturdays, Feb 25 – Mar 25	1:15 – 1:45 pm

ADVANCED LTS

For Advanced LTS, must have passed Basic 5. If your skater has a desire to pursue a higher or competitive level of skating, Advanced LTS is recommended as a secondary supplemental class that acts as a bridge towards joining the Shaker Figure Skating Club (SFSC). Rental skates are not included in the fee.

LOCATION:	Thornton Park Ice Rink	
INSTRUCTOR:	LTS Instructors	
FEES:	\$60 SH RES / \$80 NRES \$3 skate rental per class	
DATE & TIME:	Tuesdays, Jan 3 – Feb 7	5:30 – 6 pm
	Tuesdays, Feb 14 – Mar 21	5:30 – 6 pm



HOCKEY

PRESCHOOL

PRELIMINARY HOCKEY DEVELOPMENT

Age: 3-5 Yrs

This class is designed to teach basic skating and hockey skills to each skater. Skills include stick handling, shooting, and basic game concepts. Fees listed are for one six-week session. Rental skates not included. Baby Blades is required for participation. There is a \$10 late fee if registering the day before the first class or once classes have begun.

LOCATION: Thornton Park Ice Skating Rink

DATE & TIME: Thursdays, Jan 5 – Feb 9 | 4:45 – 5:15 pm
Thursdays, Feb 16 – Mar 23 | 4:45 – 5:15 pm

FEES: SH RES \$60 / NRES \$80
\$3 skate rental per class

MIGHTY MITES

Ages 4-6. Learn basic hockey and skating skills such as forward skating, backward skating, stopping, edges and overall increase in knowledge and enjoyment of the game. Required equipment includes hockey helmet with cage, gloves, hockey skates, elbow pads, shoulder pads, hockey pants, and shin pads. Snowplow Sam 3/PHD is required prerequisite for participation.

LOCATION: Thornton Park Ice Rink

INSTRUCTOR: Matt & Bob Shenk

DATE & TIME: Saturdays, Sep 3, 2016 – Feb 25, 2017 | 10 – 10:45 am

FEES: \$190 SH RES / \$280 NRES

LUNCH TIME PICK-UP HOCKEY FOR ADULTS

Ages 18+. Join us twice weekly through mid-May for lunch time games. Friendly competition and exercise make this an excellent way to stay on the ice. Punch passes available for a reduced fee. Alternate schedule in place Nov 27-29 and Dec 16 - Jan 3. Please see shakeronline.com for schedules.

LOCATION: Thornton Park Ice Rink

DATE & TIME: W/F | 11:30 am – 1 pm

FEES: \$8 SH RES / \$10 NRES per session
Six-session punch card \$32 SH RES / \$40 NRES

SHAKER TAEKWONDO

DISCIPLINE/CONFIDENCE/SELF CONTROL

Mon. & Wed. from 7:00-8:15 PM

Sat. from 11:00-12:15 PM

Classes from \$70 per month - Ages 8+

- New Offering -

KIMOODO HEALING & WELLNESS ART

STRESS RELEASE/STRENGTH/FLEXIBILITY/BALANCE

Beginners Mon. & Wed. from 7:00-8:00 PM

Advanced Mon. & Wed. from 8:00-9:00 PM

Classes \$60 per month - Ages 16+

Grandmaster James Cahn, 8th degree black belt
Serving the Shaker Community for over 26 years

For more information and a special introductory rate contact:
216-409-4296 / Choongmoo@hcsattys.com
Special pricing for Shaker City and Shaker School District Employees





SCHOOL AGE CARE

SCHOOL AGE CARE

BEFORE AND AFTER CARE

Grades K-6*. Shaker Recreation offers a fun, stimulating, learning environment that provides enrichment for your child before and after school. Children learn and have fun through a wide variety of activities such as art, music, science, games, reading, sports, crafts, outdoor play, and much more. Onaway and Mercer offer school age care for children with special needs. Registration is required; no drop-ins please. Payments are not accepted at child care sites. Full-time participants can make online credit card payments after initial in-person registration. Before and After Care payments must be made by the first of every month or a \$25 late fee will be assessed. 10% discount for second and subsequent full-time children within a single family. Parent handbook and enrollment forms are available at shakeronline.com.

LOCATION: Boulevard, Fernway, Lomond, Mercer, Onaway, and Woodbury Schools

INSTRUCTOR: SAC Staff Instructors

DATE & TIME: M-F, Aug 23 – Jun 5

BEFORE CARE: 7 – 9:15 am

FEES: \$152 per month / eight-day swipe card available for purchase | \$76

AFTER CARE: 3 – 6:30 pm

FEES: \$176 per month / eight-day swipe card available for purchase | \$118

* Preschool care provided at Onaway and Mercer

Mercer and Onaway are now offering BEFORE AND AFTER CARE to children enrolled in their pre-K program.

Register

SHAKERONLINE.COM

or call 216-491-1295



Grades K-8. **When school is out, fun is in.** Daily activities include sports, games, crafts and field trips. Payments are not accepted at child care or Fundaze sites. All payments are to be made at Thornton Park. You may also pay by calling 216-491-1295, FAX 216-991-4219, or online using credit cards. There are no drop-ins and registration is required at least one business day prior. Dropoff/pick-up at Woodbury. Please do not allow children to bring electronic toys or games.

LOCATION: Woodbury School

INSTRUCTOR: SAC Staff Instructors

DATE & TIME: *Dates and locations vary*
7 am – 6:30 pm

Monday, December 19

BOWLING - \$35 SH RES/\$45 NRES

Tuesday, December 20

SWINGS 'N THINGS - \$40 SH RES/\$50 NRES

Wednesday, December 21

NATURAL HISTORY MUSEUM - \$30 SH RES/\$40 NRES

Thursday, December 22

ICE SKATING AT THORNTON PARK -
\$30 SH RES/\$40 NRES

Tuesday, December 27

AMAZONE - \$40 SH RES/\$50 NRES

Wednesday, December 28

HARRY LONDON CHOCOLATE FACTORY -
\$35 SH RES/\$45 NRES

Thursday, December 29

FUN 'N STUFF - \$40 SH RES/\$50 NRES

Friday, December 30

CRAWFORD AUTO AVIATION MUSEUM -
\$35 SH RES/\$45 NRES

Monday, January 20

USA SKATES - \$35 SH RES/\$45 NRES

Monday, February 16

BOTANICAL GARDENS - \$35 SH RES/\$45 NRES

City of Shaker Heights
Recreation Department
3301 Warrensville Center Rd.
Shaker Heights, OH 44122



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2017 WINTER RECREATION SPECIAL EVENTS

CHUCK ROSSBACH LTS COMPETITION

All Learn to Skate participants are eligible. Skaters will be placed in small groups from all learn-to-skate levels. Post competition award ceremony for all skaters. No charge for spectators.

DATE & TIME: Saturday, Dec 10 | 2:30 – 4:30 pm

LOCATION: Thornton Park

FEES: \$5 - enrolled in Fall LTS | \$20 - not enrolled in Fall LTS

SHAKER FIGURE SKATING CLUB WINTER PREVIEW

DATE & TIME: Saturday, Dec 10 | 4:45 – 6:45 pm

LOCATION: Thornton Park

Stay after the LTS Competition and enjoy festive skating routines presented by the members of our own Shaker Figure Skating Club. Admission is free.

HIGH SCHOOL VARSITY AND JV HOCKEY TOURNAMENT

DATE & TIME: Dec 12 – 18

LOCATION: Thornton Park

The 45th annual Thornton Park Varsity and JV High School Hockey Tournament features teams from the Cleveland area – Red North and White North Division and Bowling Green High School. Join the pre-holiday tradition, the fun and excitement of competitive high school hockey at its best. Admission fee charged for both Varsity and JV games. Discounted weekend passes available. Call 216-491-1295 for game times.

FRIDAY NIGHT DJ SKATES

Ice skate to a live disc jockey, DJ Elliott Hastings. Times and dates are subject to change. Public skating admission rates apply.

DATE & TIME: Friday Nights | 7:45 – 9 pm

Jan 6, 13, 20, Feb 10, 24, Mar 3, 10, 17, 24

LOCATION: Thornton Park

OHIO HIGH SCHOOL FIGURE SKATING CHAMPIONSHIPS

Cheer on your favorite Ohio high school teams as they compete for the state title. Beginner to Senior level skaters perform competition routines in team, individual, and showcase events. Events start early morning and run until early evening both days. See shakerfsc.org for a complete competition event schedule. No charge for spectators.

DATE & TIME: Feb 11 – 12

LOCATION: Thornton Park

KILLER B HOCKEY TOURNAMENT

Cheer teams from Northeast Ohio as they compete at the Mite, Squirt, and Pee Wee levels.

DATE & TIME: Feb 17 – 19

LOCATION: Thornton Park

THORNTON PARK SPRING ICE SPECTACULAR

SAVE THE DATE: May 5 & 6

LOCATION: Thornton Park

Former, current, and future Learn to Skate participants are encouraged and welcome. Registration currently underway. For more information, please contact Chelsea Carlson at 216.295.3461 or Chelsea.Carlson@shakeronline.com.