

WAIVER

Waiver For Participation By Parent Or Guardian:

As a parent or guardian of this player, I hereby consent to his or her participation in Raider Hockey Camp with the express understanding and agreement that: (A) I recognize the risk of injury inherent in the game of Ice Hockey, and (B) in consideration of the City of Shaker Heights providing sponsorship for this program, I hereby release, acquit and discharge and agree to hold harmless the City of Shaker Heights, and all of its trustees, officers, agents, representatives, and Raider Hockey Camp coaches and instructors from any and all claims or actions for any harm, injury, damages or other costs, liabilities or expenses (including attorney's fees and court costs) arising out of my child's participation in Raider Hockey Camp or any other loss or injury resulting therefrom, whether foreseen or unforeseen.

Signature—Parent/Guardian Date

Print

Signature—Player Date

Print Name

Coaching Staff

Max Ortolani

Shaker Youth Hockey Coordinator/
Raider Hockey Camp Director

Jared Lavender

Bantam Coach at Cleveland Heights

Russ Sinkewich

Owner/Head Coach Ohio Hockey Project

Matt Bartley

SHHS Varsity Head Coach

Camp Counselors

Shaker Heights High School Varsity Hockey
players



SHAKER
HEIGHTS

**2015
Shaker Raider
Hockey Camp**

August 17—21

Max Ortolani

**Shaker Youth Hockey &
Raider Hockey Camp Coordinator**

www.shakeronline.com

The City of Shaker Heights

Thornton Park Ice Arena
3301 Warrensville Center Rd
Shaker Heights, OH 44122

Phone: 216-491-2581

Raider Hockey Camp Benefits

Raider Hockey Camp continues the tradition of offering participants of all skill levels a challenging, rewarding and fun summer camp experience. We strive to provide a well-supervised, quality experience for all participants. With new advances in training technology, the Raider Hockey Camp will be able to utilize strength training with plyometric exercises to yield the greatest results in speed and agility, two foundational aspects required for advancement in hockey.

Whether your goal is to make your high school team, an elite prep school team, or advance from the B team to the A team, come work with us and we will help you achieve those goals.

Mites and Squirts:

- Three hours of daily on-ice instruction
- Power skating and dry land training
- One free day at the swimming pool
- Written evaluation at week's end
- Lunch, prizes and giveaways

Mighty Mites:

- Training in basic hockey skills
- Introduction to new skating concepts

Peewee/Bantam: Tune-Up Skates

- Fast-paced environment
- Skill development and review
- Game situation skills and full body contact
- Essential skating skills and game strategies review
- Conditioning to skate and strive for excellence

*All players receive camp T-Shirt, instruction and written evaluation.

Schedule subject to change.

<u>MIGHTY MITES</u>		<u>Monday-Friday</u>
11:00am-12:00pm	Skating/Skill Development	
<u>MITES</u>		<u>Monday-Friday</u>
8:00-8:15 am	Drop Off	
8:30-9:15 am	Power Skating/Puck Handling	
9:30-10:45 am	Dry land	
10:30-11:00 am	Classroom/lectures	
11:00-12:00 pm	Lunch	
12:15-1:45 pm	On Ice Skills/Testing	
1:45-2:15 pm	Controlled Scrimmage	
2:30-4:30 pm	Off Ice skills and testing	
4:30-5:00 pm	Pick-Up	
<u>SQUIRTS</u>		<u>Monday-Friday</u>
8:00-8:15	Drop Off	
8:15-9:15 am	Dry land	
9:30-10:45 am	Power Skating/Puck Handling	
11:00-12:00 pm	Lunch	
12:15-1:15 pm	Off Ice skills and testing	
1:15-2:15 pm	Classroom/Lectures	
2:30-4:00 pm	On Ice Skills Testing	
4:00-4:30 pm	Controlled Scrimmage	
4:30-5:00 pm	Pick-Up	
<u>PEEWEEES/BANTAMS</u>		<u>Monday-Friday</u>
Drop-Ins Welcome (\$25 per day)		
5:30-6:45 pm	Dry land Training	
7:00-9:00 pm	Advanced Training/Scrimmage	

<u>Circle one</u>	<u>Resident</u>	<u>Nonresident</u>
• Mighty Mite	\$100	\$125
• Mite	\$350	\$375
• Squirt	\$350	\$375
• PW/Bantam	\$110	\$120

****\$20 Discount per additional family member.**

Player's Name: _____

Address: _____

Birth Date: ___/___/___

Home Phone: _____

Mother's Name: _____

Cell Phone: _____

Father's Name: _____

Cell Phone: _____

Email: _____

T-shirt size (circle): YM YL AS AM AL AXL AXXL

Level (circle): Mighty Mite / Mite / Squirt / Peewee / Bantam

Make checks payable to the City of Shaker Heights

ALL FEES MUST BE PAID IN FULL BY AUGUST 11, 2015